



MIDDLETON & NORTH RUNCTON PARISH NEWS

JUNE / JULY 2014

Blackborough End Jubilee Group bids farewell - We have had the time of our lives to improve community life for others.

After much discussion at our last meeting the decision was taken to disband the Blackborough End Jubilee Group after 13 years of fund-raising. The group has found it hard over the past couple of years to organise events with fewer group members and also because of their own personal commitments. We believe that the current economic climate has certainly played a part and impacted on fund-raising events.

The Blackborough End Jubilee Group was formed in September 2001 by a band of very willing residents and their initial task was to plan and organise a community party to celebrate the Queen's Golden Jubilee in June 2002. The monies raised between 2001 - 2004 enabled the group to purchase a bench to commemorate the Golden Jubilee and a village sign to put the village on the map.

Over the past 13 years group members have worked tirelessly to raise money to benefit local groups and charities. Such events as Open Gardens, Blackborough Burn-Up, Village sales, Fun-days, Santa

on the Green, house-to-house collections, Christmas Tree Festivals and various sponsored cycle rides have raised almost £12,000.

The local groups & charities that have received donations from our fund-raising are ; St Mary's Church, Friendship Club, Youth Club, Buttercups Playgroup, Roxburgh Children's Centre, QE Hospital, Red Wellies, Breast Cancer, Kidney Dialysis, Prostate Cancer & Cystic Fibrosis.

The Blackborough Jubilee Group would like to give their sincere thanks to all past and present members for their hard work, dedication, enthusiasm and commitment given to the fund-raising events which have benefited our local community and also thanks to local businesses, friends and residents for their support and donations.

Mike Cale (Chairman) - Janet Eason (Secretary) - Ali South (Treasurer) - Stewart South - Rita Cale - Beryl Roberts - Brian Roberts - Gerry Eason.

REMEMBERING WORLD WAR ONE

This year marks the centenary of the start of the First World War. Much has been written and broadcast in recent months about the origins and conduct of the “war to end all wars”. But what was the experience of the men and women who lived in our villages? It would be a fitting tribute to their many sacrifices if in this centenary year we could tell their own stories in the pages of the Parish News.

If you have information or stories about the actions of local people during the First World War, whether in battle or on the home front, which you would be willing to share in these pages, please let me know either by e-mail at middletonandnorthrunctonnews@gmail.com or by phone on 849725.

In the meantime, we are proud to publish below a poem by local poet, Darrell Ryan. Darrell is a builder by trade but has been writing poetry on and off for many years. In this centenary year he has dedicated his poem to the courageous souls who sacrificed their lives for our freedom.



War Child

By Darrell Ryan

If I should not return to you my child of Farewell Hill,
Remember that your father leaves you here against his will,
But I will be the breaking waves upon the rising tide,
And I will be the shadow walking there right by your side,
You will hear my whisper in the waters of the stream,
Once more I'll be beside you when I meet you in a dream.

If I should not come back to you my child of Farewell Hill,
Where doves of peace fly free and wild and crimson poppies spill,
I will call your name upon the warm soft summer breeze,
I will be the colours falling from the autumn trees,
I will paint the frosty pattern on your window pane,
And I will be the butterfly you chase down leafy lane.

If I should not return to you my child of Farewell Hill,
When you stroll upon the meadow I will be there still,
You will see me in a blossom on a summer's day,
My voice will be a songbird singing on the first of May,
My love will float upon the wind like smoke from chimney pots,
You will find me there among the blue forget me nots.

If I should not come back to you my child of Farewell Hill,
I will be the snow flakes falling on the winter's chill,
I'll protect and guide you until all your dreams come true,
Find the rainbow's end and I'll be waiting there for you,
You will see me in the stars, my tears will be in the rain,
If fate decides that I cannot come home to you again.

Update on North Runcton War Memorial

The War Memorial Committee engaged a professional Arborist who has removed the trees that were overhanging the war memorial. He has also trimmed back others in the vicinity. The cost of this work amounted to £1,100. It has made a tremendous difference and has certainly opened the area up.

The Stone Mason will commence work on the memorial during the last week in June. The memorial will be thoroughly cleaned which may reveal traces of the initial engraving. It is estimated that the cleaning and engraving process will take approximately a week.

Finally, news has just been received that the Borough Council WW1 Grants Fund has awarded us a £1,500 grant. Our grateful thanks are extended to Richard and Mrs Markham who filed the application on our behalf. This money together with the ongoing fund raising will enable us to reach our target and get the memorial restored to its original grandeur honouring those names which are inscribed upon it. Lest we forget.

David Skerritt, Chairman
North Runcton War Memorial Committee

Annual Report From Chairman of Middleton Parish Council

A47

The most significant event of the year was undoubtedly the completion of the Pedestrian Crossing in August. This marked the culmination of a long running campaign which had first begun in 1982. The Council have continued to argue the case for an extension of the 40mph speed limit to cover all the residential properties along Lynn Road. The Highways Agency argues that the current accident data does not warrant such action at present. We have received a similar response to our continuing requests for a reduction in the speed of the traffic approaching the Hill Road Junction. We continue to pursue action on both issues.

Speeding Traffic

The Council are concerned at the increasing reports we receive about speeding traffic. We were able to secure 75% of the funding necessary to fit 4 sets of speed reduction gates. We were shocked and very disappointed when the gates on East Winch Road were recently stolen. County Council support will enable us to purchase of a Vehicle activated speed sign which we aim to deploy in the near future.

The Police have advised us that their capacity to conduct random "speed checks" is severely restricted. Consequently we are particularly grateful for the continued work of our Speedwatch team but disappointed that a current lack of volunteers has restricted their work north of the A47. We would urge anyone who can spare just a few hours a month to support this vital activity to contact the Clerk.

Finances

For the financial year 2014/2015, the Council decided to request an increase of £2,000 in the precept which represents an additional £3.33 a year for occupiers of Band D properties. This represents the first increase in three years and will enable the Council to meet the estimated annual repayments of a Public Works loan of £20,000 which the Council believes is essential to our plans to refurbish the Playing Field.

Playing Field

The removal of equipment in a dangerous state places even more importance in bringing the planned refurbishment project to a successful conclusion. We received approximately 50 replies to our questionnaire on the future of the Playing Field. If we are to attract the level of grants (approximately £80,000) that will be required to make a significant difference to the Playing Field it is essential that we are able to demonstrate strong commitment from the Community. I would urge everyone to get involved and contribute to the Consultation process over the coming months.

Conclusion

I would like to thank Mr Skipper for his work with the community car scheme and thanks are also due to our community Speedwatch volunteers. I would also like to acknowledge the work of Mr Gardner in maintaining our informative and engaging website. We are also grateful to our Litter Contactor, Mr Smith for the cheerful and effective manner in which he carries out what can be a challenging task.

I am grateful to our Vice Chairman Mick Porter for his support and for his work in representing our interests at the Community Policing meetings and to the rest of our Councillors for their encouragement and commitment. Particular thanks are due to our Clerk, Kate Senter whose efficiency, energy and enthusiasm contributes a great deal to our work.

Mark Fuller, Chairman

5 – A – TIME QUIZ (answers on Page 10)

1. What is the name of the new Turkish restaurant at the Southgate roundabout?
2. What separates the two shops Frances Wain and Subway in Norfolk Street?
3. Who provided the bulk of the money for the library in London Road built in 1905?
4. Where, in the town, is the disused Jewish burial ground?
5. Who is Aaron Scott?

Middleton Parish Council runs monthly surgeries for parishioners. If you have an issue which you would like to discuss individually with a Councillor please come to the Village Hall between 6:45 and 7.15 pm on the first Wednesday of each month (except August). Please note that the next surgeries will be held on **4 June and 2 July**. To make an appointment please contact our Clerk, Kate Senter. Alternatively just come along on the evening. We look forward to meeting you.

East Winch Parish Council AGM and Parish meeting 6th May 2014

The main items of interest arising from the meeting were:

Borough Councillor, Mr Moriarty, having confirmed that the incinerator was not going forward, made it clear that the question of waste disposal was one which only the County Council could deal with. In the short term, waste would be sent to Suffolk for incineration. The Borough Council could only recycle and was trying to recycle a much wider range of rubbish than it has facilities for now. The state of the landfill site at Blackborough End was discussed; how much higher it was than the surrounding land; whether it was polluting the area; that it was growing closer to East Winch and the horrible smell.

Mr Velzeboer had been interviewed by Radio Norfolk the previous week about the A47. He had discussed the village's concerns and the proposal that the speed limit should be reduced. His suggestion that there should be double white lines on the A47 through the village had been edited out. Afterwards he had received numerous calls from tractor drivers as far afield as Swaffham and Wells, all agreeing that the speed at which people drove was highly dangerous. Since the meeting, we have heard that Middleton Parish Council are in favour of working with us to fight for improvements to the A47.

The unfinished state of the trod was again discussed. The clerk said that the County Councillor had also raised our dissatisfaction with Highways. Two months ago he had been told that the arrival of the posts was "imminent". We continue to press for the job to be finished.

Mr Harrod reported that no improvements had yet been made to the playground. The care of grounds had been contracted out to Leisure Services Trust by the Borough Council, and we do not yet know how this will affect the service we have formerly received.

Parish Questionnaire

The questionnaire has been finalised and, once printed, will be ready for distribution to all houses in East Winch and West Bilney. It is really important that people answer as many of the questions as possible, so that we get a full picture of the parish's needs. **Volunteers** are needed to hand out and collect questionnaires and then collate the answers. **Please** contact Nell Steele (01553 840814) if you are willing to help.

Buttercups Playgroup needs your help

Buttercups Playgroup operates from 09:00 to 12:00 weekdays during term time at Middleton Village Hall. Buttercups is managed by a committee of volunteers and needs more volunteers to help fulfil some roles. **We urgently need:**

1. People to run an advertising campaign to boost the numbers of children attending as quickly as possible.
2. People to run a robust fundraising campaign to raise funds to
 - a. Cover the deficit - We are currently running with a deficit and need to raise funds to cover it.
 - b. Provide for treats such as trips, parties and leaving presents
 - c. Buy the eco classroom, only £15,700 of the £203,000 has been raised so far.
3. Additional committee members to help undertake the daily business of running the playgroup and train to replace the existing officers next April (officers being, Chair, Treasurer and Secretary). **Buttercups is very important to the life of the village and to the school as the majority of children joining the reception class each year come from Buttercups.** For more information please contact: Liselle Dorling - 07767 087662



Mothers' Union News

In June we hope to welcome Paula Hall from the Purfleet Trust, and in July we shall have our garden meeting at Hilary's home.

A date to note is 27th September when there will be a county wide series of sponsored walks to raise funds for the various MU projects throughout the world. Anyone can join in and the walk here will be at Sandringham and will be graded to accommodate walkers of all levels of ability and energy! More details in the next Parish News.

The Cameo Café is five years old in May. We shall soon need another helper so if you can spare two afternoons a month we would love to hear from you.

Liz Carter

NORTH RUNCTON CRICKET CLUB

For many years Saturday and Sunday cricket on "The Green" has been a part of weekend village life in North Runcton. On behalf of the Club please accept an open door invitation to come and watch cricket on virtually every Saturday and Sunday throughout the summer, usually from about 1.30 pm, or indeed midweek when we often put on Youth and Junior matches.

NRCC feels part of the village and we would like everyone in North Runcton and local villages to feel welcome and, indeed, invited to come and join in with our sport and, if it suits, have an enjoyable drink at the Club in cordial social surroundings when cricket is on.

Further information about playing or watching cricket at North Runcton Cricket Club is available on our web-site (northrunctoncricketclub.co.uk) or from the Club Secretary, Jim Major via e-mail at jim.major@brown-co.com or by phone on 07768 465748.

LIVING INDEPENDENTLY in LATER YEARS (LILY) is a new on-line information service primarily for the over 65s. Further details in the next issue, but you can visit www.asklily.org.uk now to find out more.

Incinerator defeated

I am very pleased to say that on 7 April 2014 the incinerator was finally defeated. KLWIN and Farmers Campaign acted as a catalyst but the campaign's success depended on active community involvement and a core of outstanding politicians. When we asked you to write letters, thousands responded making the difference between success and failure.

West Norfolk Borough Council has been exemplary by standing up to County Council pressure. Henry Bellingham led effective lobbying by Norfolk MPs on our behalf. April's victory at County Hall was due to the cross party 'gang of six'. They are: UKIP leader Richard (Toby) Coke, John Dobson (Conservative), Alex Kemp (now Independent), Andrew Boswell (Green Party), Richard Bird (Independent) and Tim East (Lib Dem). They set aside party politics to work together on our behalf.

The incinerator could be described as a 'near miss' in many ways. If it had continued regardless of the public mandate to stop it, voter participation in future elections might have collapsed. After all, why bother voting ever again, if politicians working together cannot stop the incinerator? Thankfully they did stop it, underlining just how important it is to consider your vote carefully at every election. Encouraging more people to pay attention to local government politics will help protect our future; we ignore it at our peril.

Lastly, Michael de Whalley deserves special recognition for his part in starting the campaign; and Richard from Burton Environmental Consulting, for providing his vital support entirely free of charge. Thank You.
Mike Knights

VACANT GARDEN/ALLOTMENT

A garden/allotment plot has become vacant in The Alley, Blackborough End. If you are interested in renting the land, please contact the Middleton Parish Clerk, Kate Senter by 30th June 2014.

“The Task ahead of you is never as great as the Power behind you!”

A reflection on Matthew 28 by Revd Riaz Mubarak

The desperate women had seen Jesus die, and seen him buried. Now they are the first to be told of his resurrection. Their response offers a pattern for all disciples.

It begins with awe and wonder. They are told not to be afraid, but are inevitably awestruck. There are no grounds for taking the resurrection for granted. It is a sovereign act of awesome power. Jesus is raised, never to die again. Death is no longer the end. A new order has begun in which all authority belongs to the risen Lord. Awe leads to joy, because they are reunited with Jesus forever. A relationship has been restored, which nothing and no one, not even death, can break.

Joy turns to worship. The women worshipped him as soon as they saw him, and so did the men. Worshiping God is not a mere duty. It is the instinctive response of those who meet Jesus. There could be no further doubts about his identity and only one response to his person. Trembling at his majesty, and delight at his intimate presence, meet, in the best of Christian worship.

The final response is mission; the disciples are re-commissioned to tell others and make new disciples. Over the years, believers have discovered real hope, joy, love, peace and reconciliation in the living Christ. Finding Him to be with us, helping us, we work together with Him, to the very end of the age.

Benefice Group Meeting

On Wednesday, 18th June at 5.30pm, there is a meeting of representatives from each parish in the benefice to sort out future matters. The meeting will be at 3, Southview Cottages, Common Road, West Bilney, PE32 1JX.

For those of you who have not been there before, turn left off the A47 towards Pentney Lakes in East Winch at the crossroads just after the Carpenters' Arms. After driving for nearly a mile and a half through countryside, you will come to a large newly built house on the left sticking out very obviously. You are nearly there. Shortly beyond that is a wooden fence on the right and a terrace of 3 cottages set back at right angles to the road. 3, Southview is the furthest from the road. The best way to get at it is to drive down the farm track at the end of the wooden fence. On your left is "Conkers" and on your right the second gate, which has "3 Southview" on it, opens to the bottom of the garden. The house has solar panels on the roof.

ARCHERY IN MIDDLETON

Way back in 1363, King Edward III commanded the obligatory practice of archery on Sundays and thus "The Archery Law" was introduced. Each Sunday after Church, straw butts would be set up on village greens throughout England and the men of the Parish would practice with the longbow.

This foresight on Edward's part was to have far reaching consequences. English victories in places such as Crecy, Agincourt and Poitiers would ultimately help to change the political face of Europe forever. Archery is still practiced in the village today, though the emphasis is not so much on European domination! It's more about enjoying the sport of field archery.

Field archery differs from target archery. Rather than shooting at "roundel" targets at set distances, field archers walk a course shooting at three dimensional representations of "prey". King's Lynn field archers are lucky enough to have access to 22 acres of mixed heath woodland and have a permanent 36 target course laid out. The targets are life-sized, constructed from foam and rubber composites and really look the part.

And it's not only longbows that get put through their paces on a Sunday morning. We have members shooting hi-tech compound bows, crossbows, recurve bows and even sticks from the hedge are put to use!

The club can call on two national coaches to give one to one tuition to "newbies" if required. For more information, please contact Pam on 01553 849773 or e-mail zkptn@hotmail.com.



Friends of Middleton is a fundraising group which supports Middleton Primary School by subsidising residential and field trips, funding every child's trip to the pantomime and contributing to school projects such as the new 'Eco garden'.

We hold many small fund raising events, such as cake sales, craft clubs, craft sales, termly school discos, a Christmas fair, a summer fair, pub quizzes and a fortnightly youth club in the Village Hall.

As well as helping the primary school we are currently sponsoring and supporting two village teenagers, Scarlett-Lillie and Joe, in completing their Duke of Edinburgh Award; a great experience and achievement for them. We hope, if funds allow, to help two teens per year to benefit from achieving this prestigious award.

We have fantastic support from parents and some local businesses including The Gate Inn at Fair Green who kindly host and M.C. our quiz (thanks Steve!), Total Motors who donated generously to our Christmas party fund and Middleton Aggregates who donated great raffle prizes.

Coming soon is the Friends of Middleton 100 Club. Numbers will go on sale at £2 per number per month, with monthly draws. The prize pot will be 50% of the 'takings' and the other 50% will go to our fundraising goals - it's a win/win situation! Details of how to sign up will be in the next parish magazine.

Look out for our events and please come along and support us. Everyone is welcome. You don't need to have a child at Middleton School to be a Friend of Middleton. Having well socialised, interested, interesting, happy young people in our community is a benefit to us all.

If you'd like to get involved or make a donation (even the smallest amount of time or money makes a real difference to a small group like us) please contact Louise Cole (Chair) by phone on 01553 279831, or email us at friendsofmiddleton@gmail.com, or find us on Facebook.

Over the garden fence with Steve Donoclift

Well early summer is here. Swifts, Swallows, House and Sand Martins cut their way through the sky, these arrow shaped little birds are true acrobats, a sure sign that summer is upon us. Many birds have had their first brood and they are well on their way to having a second, the Great Tits in the garden have had a brood and there are young black birds all over the place.

In the garden, be prepared to cut the lawn at least once a week. If you have any tomatoes remember to pinch out side shoots. It's a good time to start thinking about putting out your hanging baskets.

Keep the hoe 'busy'. This job is not just for June, but during the growing season weeds take precious moisture from the soil. How about thinking about installing a water butt always handy for later on in the season?

I have a very special apple tree in my back garden, it's a Native British Apple tree I planted three years ago, in memory of my wife who died four years ago. It was obviously mature enough to produce flowers and had two on it this year, already there are tiny little apples on it. How cool is that!!

Take care all, keep your sun hats on!! **Steve**

NEW CLERK FOR NORTH RUNCTON PARISH COUNCIL: Rachel Curtis has recently been appointed as the new Parish Clerk. Rachel can be contacted on 01553 673043 or by e-mail at northrunctonparishclerk@outlook.com. Her postal address is 27 Temple Road, King's Lynn.

SALSA FEVER

Salsa has fast become one of the most popular dances, being taught in most major towns and cities across the UK, and also it now seems to be a regular dance on Strictly! It has been my passion over the last ten years or so, initially having danced it in Havana (the home of Salsa).

The music is infectious, the steps are not difficult to learn and often you do not need to find a partner to dance with. Clothing is kept very casual at class and most people wear jeans/trousers and small heels or flat shoes. Trainers are not really suitable because of their rigidity which means they tend to stick to the floor and inhibit proper steps.

Dancers are extremely sociable people and you soon find a whole new social life opening up (as well as getting a little fitter each week).

Interested ??? Please call Lesley anytime for an informal chat either on Kings Lynn 840683 or 07733 468333.

GARDEN FETE AT RED OAKS

Rectory Lane, North Runcton
2-4PM ON SATURDAY, 19 JULY

Proceeds this year will be shared between Queen Elizabeth Hospital League of Friends & Restoration of North Runcton War Memorial. The raffle will be in aid of All Saints' Church North Runcton.

Gifts for raffle prizes and the following stalls would be greatly appreciated:- Tombola, Cakes & Preserves, Plants & Vegetables, Books & Bric-a-brac (good quality). Collection can be arranged. Please contact Hedley Chapman 01553 840854.

Friends of Middleton Youth Club Middleton Village Hall from 5:30 – 7pm

Activities include table tennis, craft, jewellery making, snooker, Wii games, table football, kwik cricket, basketball, football, team games, baking, make up and nail makeovers, and much, much more. We have a Tuck shop too!

Next sessions:

June – Friday 13th & Friday 27th

July – Friday 11th & Friday 25th

Membership is £1 per year and each session attended is £2. For children in years 2-6.

FRIENDSHIP CLUB



If you are 50+ you will be most welcome to join in the activities of the Friendship Club, which meets on the first Wednesday of the month at the Village Hall.

4 June – Afternoon Tea at Norfolk Lavender at Heacham. Meet at the Village Hall at 1.30 pm for cars to Heacham.

2 July – Visit to Wisbech Rose Fair. £10 including charter bus leaving various pick-up points from 9am returning about 4pm. Open to all Further details from John Turtle (840280) or Pauline Crump (840053).

JUMBLE SALE – MIDDLETON VILLAGE HALL, SATURDAY, 26 JULY AT 2 PM

We are holding a Jumble/Bric-a-brac sale on **July 26th at 2pm** and are now taking any suitable goods that people can donate.

So empty the loft, clear out the cupboards and help to raise funds.

Any donated items - from furniture to garden implements, clothes to ornaments, toys to books ...absolutely anything is accepted! Please phone Dawn 07879243253 or Pauline 842149.

Would you like to publicise your local event in the Parish News?

If so, please send details by e-mail to: middletonandnorthrunctonnews@gmail.com or by phone on 849725. The deadline for the August/September issue is Friday, 18 July.

Nar Valley Ornithological Society (NarVOS)



Tuesday 29th July 2014, 7.30pm at the Barn Theatre, Sacred Heart Convent School, Swaffham. Access and parking from Sporle Road.

Please come along to this illustrated talk by Chris Mills, entitled:

Birding in Extremadura, Spain

Chris Mills runs the bird-tour company, Norfolk Birding, and is based locally at Hunstanton. Chris has been birding and photographing wildlife for 30 years. Birding has taken him to many wonderful places, both at home and abroad. One of his regular and favourite destinations is Extremadura in Spain. Chris will entertain us with his photography of the birds of this beautiful, unspoilt area of Spain.

Visitors most welcome. Admission £2 on the night if you are not a NarVOS member. For more information about this meeting or NarVOS call Ian Black on 01760 724092.

Middleton Badminton Club

Play badminton most Monday evenings (not Bank Holidays) at the Village Hall from 7pm to 9pm. The club is friendly and always welcomes new members. Contact Nigel Gray (01553 841541) for more information.

CARPET BOWLS



Carpet Bowls has a growing following in Middleton and the sessions are open to players from North Runcton as well. Join us at the Village Hall on Tuesday evenings at 7pm. Please wear soft flat shoes. More details from Club Secretary, Mick Porter on 841427.

Lonely? Housebound? New to the village?

We are a group of people from St. Mary's Church Middleton who are willing to offer company and support. If you would like one of us to visit you, please contact Joan Van Dyke on 840716. If you live in North Runcton, please phone Wendy Galley on 840344 and somebody from West Winch Church will visit you.



MIDDLETON & DISTRICT ROYAL BRITISH LEGION

Concert by the **Marham Bluebirds Military Wives Choir on 22 June** at the William Burt Centre, West Winch. The doors open at 14.00 and the entertainment begins at 14.30. During the afternoon a Cream Tea will be served with Coffee, Tea and Soft Drinks. Tickets are £5 available from Maria e-mail: mrutland905@btinternet.com or call 01553 842566.

Our July **Evening Buffet** is on **16 July at 18.30 for 19.00** at the William Burt Centre, West Winch. Tickets are £6 from Lilian Fisher e-mail: lilianfisher@talktalk.net or call 01553 841852.

Lunch Club usually meets on the 2nd Monday of the month at Middleton Hall Golf Club at 12 for 12.30pm. For further details contact Olive Turpin 840623.



Cameo Café

Cameo Café is held at the Village Hall on the 2nd and 4th Wednesdays of the month from 2.30pm till 4.30pm. The Café is supported by members of the Middleton Mothers' Union to provide an opportunity for people of all ages to call in for a "cuppa" and cakes or biscuits and to enjoy some friendly company. Carpet bowls is also played and new players, including beginners, are most welcome. Refreshments are free but we are grateful for donations towards the running costs.

The **Community Car Scheme** is to help villagers who have no transport, who are elderly or disabled to attend at local doctors' or dentists' surgeries, opticians, health clinics or to keep hospital appointments. A small charge is made to cover petrol expenses. If you require help or further information, or if you wish to volunteer help in any way, please contact Colin Skipper on 842448.

St Mary's Coffee Mornings

St Mary's Church, Middleton is holding coffee mornings in church on the **first Saturday in June, July, August and September between 10 am and 12 noon**. There will be coffee, tea, cakes etc, also a book stall, a plant stall and hopefully a cake stall. There will be no charge, but donations for Middleton church would be gratefully accepted. Rev Riaz is planning to be there in June and possibly on the other days as well, so please come along and meet him.

Join the Summer Trail

The Diocese of Norwich is launching a "Summer Trail" an activity for children during the school summer holidays. A "colouring in" map will be available to download from the Diocesan website. Families can then take their children to visit churches who are taking part, and have their maps stamped to show they have been to that church. The stamps will show the church name, location and the Church of England logo on them. Parents can download as many copies of the map as they need. There will be more information on the website in due course. This is an opportunity for families to visit the many beautiful churches in Norfolk when they are out and about with their children during the summer holidays.

Don't Forget!

The next issue of the Parish News will cover August/September. If you would like your news item or event to be included, please submit material by **Friday, 18 July**. E-mail middletonandnorthrunctonnews@gmail.com.

5 – A – TIME ANSWERS (from Page 3)

1. Marmaris
2. White Lion Court
3. Andrew Carnegie
4. Millfleet
5. Winner of the 2014 Great East Anglia Run

Church Services in June

Sunday, 1 June

9.30am **Middleton** United Benefice Communion

Sunday, 8 June

9.30am **North Runcton** United Benefice Communion for Pentecost

Sunday, 22 June

8am **West Winch** Said Communion

10am **West Winch** Morning Worship

11.15am **Middleton** Communion

6pm **East Winch** Communion

Sunday, 29 June

11.15am **Middleton** Morning Prayer

Information on services in July will be displayed and announced in each church.

A short Morning Prayer Service is held each Wednesday morning at 9.30am in Church Barn.

St Mary's Flower Rota

June 1 Jane Pearson

June 8 & 15 Deidre Burman

June 22 & 29 Liz Carter

July 6, 13, 20, & 27 Kim Harrod

August 3 & 10 Alexandra Brindley

..... and Church Cleaning

June 7 Mrs Pratt & Mrs E Everitt

June 14 Mrs Carter & Mrs Roberts

June 21 Mrs Van Dyke & Mrs Millen

June 28 Mrs South & Mrs Nurse

July 5 Mrs Knights & Friends

July 12 Mrs Witting & Mrs B Everitt

July 19 Mrs Pratt & Mrs E Everitt

July 26 Mrs Carter & Mrs Roberts

August 2 Mrs Van Dyke & Mrs Millen

August 9 Mrs South & Mrs Nurse

Other Key Contacts:

Middleton St Mary's, Churchwardens	Mrs J Van Dyke/Mr E Boon	840716/840320
North Runcton All Saints, Rural Dean	Rev James Nash	671381
British Legion	Mr J Kirk	01945 430109
East Winch PC Clerk	Mr Bob Pannell	775724
Middleton PC Clerk	Mrs Kate Senter	841387
Middleton Village Hall	Mrs P Petch	842149
Mothers' Union	Mrs E Carter	841331
N Runcton PC Clerk & Village Meeting Place	Rachel Curtis	673043

Views expressed in the magazine are not necessarily those of the Editor.