



PARISH NEWS

JUNE & JULY 2020

MIDDLETON, NORTH RUNCTON & EAST WINCH

THE NEW NORMAL?

We live in extraordinary times. The April/May edition of the Parish News was compiled just as the coronavirus crisis was taking grip. The hard copies from the printers were received the very day that the national lockdown began. It was possible to place some copies in the Post Offices at Middleton and East Winch. I believe that some copies were distributed to households, but the coverage was well below normal.

In the circumstances, steps were taken to ensure that the magazine could be read online from all three of the Parish Council web-sites and I am grateful for their assistance to make that possible.

For this edition, we are breaking new ground by going online only - again via the Parish Council web-sites subject to their permission. There are two main reasons for not producing a printed version on this occasion.

Although there have recently been some first tentative steps taken to relax the restrictions on public life, we are nowhere near back to anything resembling normality. Until the public health advice is very much clearer, it would not be reasonable to expect our distributors, many of whom are in the more vulnerable categories, to risk their own safety and that of others by delivering the magazine.

Secondly, the effect of the crisis on our normal daily life has much diminished the potential content of the magazine. One of our primary objectives is to provide publicity for local events which may be of interest to readers. The regular activities of local clubs and organisations are still either suspended or there is doubt about whether they will proceed. So there is a lot less activity which can at this stage be publicised in the magazine even though it covers the period up to the end of July.

You will still find some information about existing groups or planned events, but readers are asked to check nearer the time whether those activities will be proceeding as planned.

Although life has been very different during the lockdown, it is clear that our communities have been pulling together by helping each other out when needed, taking part in the regular "clap for carers" on Thursday evenings and doing our best to celebrate the 75th anniversary of VE Day. There was plenty of bunting on display and East Winch certainly pushed the boat out (see the story on page 4).

It is hard to predict how quickly we will settle into a new normal. Some things may have changed forever, but community life will return eventually and the Parish News will once more drop through your letterbox. Stay safe.

Chris Hudson, Editor

A VERY HANDY FIND

It is funny how we humans often get disproportionately upset over things.

I recently dropped a rather nice glove while out walking. My son gave me the gloves as a Christmas present and they were very good indeed at



keeping my hands warm. I was quite upset at the loss of the glove despite the fact that I have a number of gloves. My wife and I spent the next two days on our "walk allowance" retracing our walk to try and find the missing glove. Silly to be that upset at the loss of a glove considering all the other issues surrounding our household.

How delighted we were today to find that some kind person must have found the glove and, rather than putting it in the dustbin, taking the necessary precautions I trust, had placed it on a wall opposite the North Runcton tennis courts, hoping I expect that we would pass by and collect it which we did.

A very big thank you it was quite heart warming.

Name and address withheld

NORTH RUNCTON ART GROUP



If you are looking for a relaxing and enjoyable afternoon come and join our friendly and sociable group. Our members are all of mixed artistic abilities and creative in their own way using a variety of mediums and always willing to offer advice and help if needed.

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NORFOLK LIBRARIES

All libraries in Norfolk are closed. That includes open libraries, mobile libraries and the home library service. All library events have also been cancelled.

You do not need to return any items you might have at home for the time being. You will not be charged any fees for the current period and we've automatically renewed your borrowed items.

We have also increased the number of ebooks and audio items available to borrow online. Further information available on the Norfolk County Council web-site.

East Winch Parish Council

By Nell Steele

The council hasn't been able to meet formally during lockdown, and not all councillors have the computer facilities for conferencing online. But we have been emailing each other, principally to discuss planning matters. Emails about the poor design, and in fact danger, of the A47 modifications have been sent to Highways England, and parishioners have been encouraged to write to them too.

It would be very much appreciated if parishioners in east Winch and West Bilney would continue to refer their concerns to the clerk, Bob Pannell, or to any councillor.

We urgently need new councillors. Anyone who would like to serve the community in this way, please contact the clerk.

Unfortunately, training the Speedwatch team has also been postponed till lockdown is lifted.

NORTH RUNCTON PARISH COUNCIL MINUTES

Copies of the minutes from North Runcton Parish Council meetings are available on the website:

www.northrunctonpc.norfolkparishes.gov.uk.

However, if you would like a paper copy sent in the post then please contact Rachel Curtis – Clerk to North Runcton Parish Council
Tel: 01553 673043.

PLEASE HELP DISTRIBUTE THE PARISH NEWS IN MIDDLETON

As readers will know from previous appeals, the Parish News is distributed free to households in Middleton, North Runcton and East Winch. We could not do this without our dedicated volunteers, all of whom are crucial to the viability and future of the magazine.

Distribution is a two stage process. First, the copies are collated into "bundles" of various size and delivered to our network of local distributors. The second stage is for those distributors to deliver the copies to individual houses on their route.

We urgently need the help of **two new volunteers** with their own transport to assist with the first stage of that process. Six times a year, the "bundles" need to be collected from Church Farm after 12.00 noon on the last Thursday of the month. The "bundles" need to be delivered as quickly as possible to the local distributors so that the magazine can be distributed to individual homes by the end of the month. Although it could all be done by one volunteer, ideally it would be better to spread the load and have two people, one to deliver 15 bundles to distributors from Station Road and Fair Green to the A47 and a second driver to take 9 bundles from School Road to Blackborough End.

In addition, we need a **local distributor** to deliver 12 magazines in Park Hill. The lady who has delivered them for 20 years is approaching her nineties and has difficulty walking. Can anyone who lives in this area please help?

If you are able to help, or would like any further information about what is involved, please contact me by phone (01553 840320) or email (gillian.boon@gmail.com). Your help would be very much appreciated by the whole community. Many thanks in advance.

Gillian Boon

HOW TO REPORT FLY TIPPING

The Borough Council is responsible for dealing with fly tipping and have a new on-line reporting system. To report an incident of fly tipping, please use the following link:

<http://www.west-norfolk.gov.uk/default.aspx?page=21512>

YOU CAN'T KEEP A GOOD VILLAGE DOWN

By Sarah Juggins



There has been a definite sense of increased community spirit since the start of the Covid-19 lockdown in East Winch, with an army of people helping with home deliveries for the vulnerable, and food and essential items being donated anonymously at the bus stop.

Leading the charge has been Sophie and her team at the village Post Office, with regular deliveries of medicines to house-bound residents and a well-stocked shop for people who cannot or don't want to venture to the supermarkets.

The sense of community heightens every Thursday evening as people step out into their gardens and clap, toot horns or beat saucepans to create a cacophony of sound in support of the key workers who are at the frontline of the fight against this dreadful disease.

Things ratcheted up another notch on 8 May when the village erupted into a colourful palette of red, white and blue. Banners, bunting and balloons marked VE Day celebrations as people of all ages celebrated the day, 75 years ago, that peace fell over Europe after six years of fighting.

While the celebrations were miles away from all that had been planned before Covid-19 tightened its grip, there was no way the residents were going to allow the day to pass unmarked. Activities ranged from neighbours enjoying chats and drinks over fences (and abiding by social distancing rules) to a triumphant tour of the village in a replica

Landrover – the iconic vehicle associated with the Second World War.



Throughout the day there was a sense that this new battle we are currently fighting was not going to prevent a celebration of the achievements of our parents, grandparents and great parents 75 years ago.

Church Services In July

Please note that although churches are closed at present, the Government has indicated that they may be able to open from early July if circumstances permit. This schedule of services below is the one planned before the current crisis and may be subject to major change should services resume in July.

Sunday, 5 July

10.00am **Middleton** Benefice Eucharist

Sunday, 12 July

9.30am **W Winch** Holy Communion

10.00am **E Winch Village Hall** Morning Prayer

11.15am **Middleton** Morning Prayer

3.00pm **N Runcton** Holy Communion

Sunday, 19 July

9.00am **W Winch** Holy Communion

11.15am **E Winch** Holy Communion

11.15am **Middleton** Holy Communion

3.00pm **N Runcton** Evening Prayer

Sunday, 26 July

8.00am **W Winch** Holy Communion

10.00am **W Winch** Morning Prayer

10.00am **E Winch** Morning Prayer

11.15am **Middleton** Morning Prayer

3.00pm **N Runcton** Evening Prayer

Wash your hands of coronavirus scams!

Friends Against Scams aims to protect and prevent people from becoming victims of scams.

STOP. Be aware of people offering or selling:

- Virus testing kits
- Vaccines or miracle cures – there is currently no vaccine or cure.
- Overpriced or fake goods to protect yourself from coronavirus such as anti-bacterial products.
- Shopping or medication collection services.
- Home decontamination services.

CHALLENGE. Question communications and encourage others to do the same.

- Don't be rushed into making a decision. If it sounds too good to be true, it probably is.
- Only purchase goods and services from legitimate retailers and take a moment to think before parting with money or personal information.
- Don't assume everyone is genuine. It's okay to reject, refuse or ignore any requests. Only criminals will try to rush or panic you. If in doubt, speak to someone you trust.
- If someone claims to represent a charity, ask them for ID. Be suspicious of requests for money up front. If someone attempts to pressurise you into accepting a service they are unlikely to be genuine. Check with family and friends before accepting offers of help if you are unsure.

Be a good Friend, help to protect your family, friends and neighbours from scams.

**Read it.
Share it.
Prevent it.**

#ScamAware
#Coronavirus



PROTECT. Contact:

If you think you have been scammed, contact your bank first.
For advice on scams, call the Citizens Advice Consumer Helpline on **0800 223 11 33**.
To report a scam, call Action Fraud on **0300 123 2040**.

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To learn more about different types of scams, visit: www.FriendsAgainstScams.org.uk

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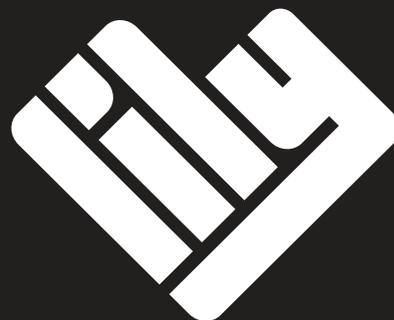
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East Winch Church

Throughout lockdown, there are no services in church, though there are a wide variety to choose from online. In addition, there is a free Church of England telephone service, **Daily Hope**, which, after an introduction by the archbishop, offers a choice of a service, prayers, or hymns. It's available 24 hours a day. Ring 0800 804 8044 to try it out!

The bishop has recently issued new guidance allowing one nominated person to enter the church to conduct a recorded service, to ring the bell or to check the state of the building. Rev Riaz will nominate who that person will be. There is still an embargo on other people going into the church.

Christian Aid Week

As we go to press, Christian Aid Week is coming to a close. The charity, which raised £8,000,000 last year to help the poorest societies in the world, relies almost entirely on street collections and envelopes through doors. This year it hasn't been able to do that, and the need is greater than ever, because of Coronavirus. The risk to people crammed together in refugee camps or slums, with little or no access to hygiene facilities, is huge.

It's not too late to donate. You can do it online, or, if you'd rather send a cheque, Churches Together in King's Lynn are collecting. The cheque should be made out to them, with Christian Aid written on the back, and it should be sent to the treasurer, W. Vyse, 64, Woodland Gardens, North Wootton, King's Lynn, PE30 3PX.

A Memorial for the dead

Many people have lost people they loved during lockdown, whether they have died from Coronavirus or other causes. When a funeral has been attended by almost no-one, there has been no wake, there may have been no last goodbye, the death seems sadder than ever to many people. It has been suggested that a temporary quiet space could be made in the churchyard where people could leave a message, or bring an art work or similar to remember their loved one. What form should

this take? Suggestions include a garden, ribbons on a tree, or a fountain. If you have any ideas, please send them to Amanda Hart (ahart2400@hotmail.com) or Nell Steele (nellsteele@btinternet.com)

Snettisham Beach Sailing Club



Special prices for 7 year old & novices in 2020 for kids learning to sail this July

Please Note: It is not yet clear whether it will be possible to run this event, so if you are interested please check with the sailing club nearer the time.



This year there's a special offer for the youngest Novice sailors at Cadet Week at Snettisham Beach Sailing Club from **27th to 31st July**.

Instead of the 2019 price of £85.00 a person for the week, Novices - 7 years and older - can now take part for £60 each, and if they book with a friend the 2 Novices can pay just £100.

Novices take part in 5 sessions each day of Cadet Week from Monday to Friday, each session lasting 3 hours, with a Prize Giving following on Saturday.

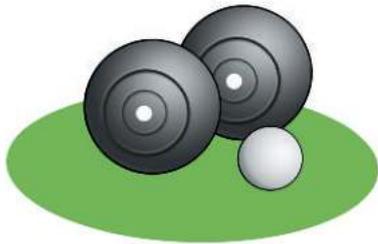
Choose between daily Morning OR Afternoon sailing sessions:

Mornings: 9.30 to 12.30

Afternoons: 1.30 to 4.30

Only **24** places are available. Participation is only available to Club members, so have a look at snetbeach.co.uk/about-us/how-to-join/ to see how you can join and email memsec@snetbeach.co.uk with any questions about the type of membership that suits you best.

WEST WINCH BOWLS CLUB



It was announced on 15 May that Bowls England have authorised bowls club to open their Greens. However, there is quite an extensive caveat attached to this authorisation.

West Winch Bowls Club committee have therefore decided to delay the opening of the club for the time being. The committee will first need to arrange for the necessary PPE to be purchased and placed in the Equipment shed for members to use.

A list of rules and regulations will also need to be drawn up. The committee will then inform the members when our opening date will be and also advise on the list of rules that will need to be followed.

I am advised that the Green is in good condition considering that it has received minimal attention due to lockdown and also because of the dry weather that we have experienced over the past month or so.

Recently our Bowls Club received a grant from the Government to enable us to keep our club going and viable during these difficult times. The Government has recognised the fact that Bowls Clubs have no income due to the virus lockdown and have therefore awarded clubs with a sum of money to tide them over until they open again and thus generate their own income.

All EBA league games have been cancelled by Bowls England, along with all of the Federation leagues. Individual clubs will be only able to play in their own organised competitions or Roll Ups with only 6 players participating at any one time across three rinks, whilst maintain social distancing. Let's hope that things soon return to normal and we can get some games in before the end of the season.

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Annual Membership prices are:

Adult £60

Under 11 £10

U18 £20

U24 £30

Family £100 (2 adults and up to 3 children)

Club nights are Tuesday and Thursday 6-8pm and Sunday morning 10-12. Come along and join us.

Please contact Sam Fuller by email for a membership form samfuller297@gmail.com

COMMUNITY CAR SCHEME FACES CLOSURE

The Community Car Scheme urgently requires new drivers if the scheme is to continue to operate. The scheme has for many years provided a vital service to local people who need transport to get to various health care appointments with doctors, dentists, opticians and at the hospital.

The scheme depends on a supply of local drivers willing to give up some of their time to help their neighbours get to and from these important appointments. A mileage allowance is paid.

If you can help, you will be making a huge contribution to our local community. For more information about what is involved, please contact Colin Skipper on 01553 842448. Thank you for your support!



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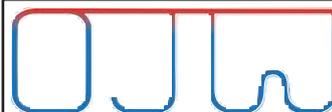
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Reflection: Martin Luther's response to plagues

Historically, we are not strangers to epidemics. Disease outbreaks were part of the rhythm of life. Those outbreaks caused by devastating plagues were particularly dreadful, boasting a high fatality rate in countries around the world.

For Luther, the loving God hiddenly but surely works for our good even in the places we do not expect, including amid the evil of deadly epidemics. The fear of bodily illness and death should drive us to pray and to care for our souls, remembering that this world is not our lasting home.

Luther regarded the epidemic as a temptation that tests and proves our faith and love: ***“our faith in that we may see and experience how we should act toward God; our love in that we may recognise how we should act toward our neighbour.”*** Through faith in God and out of love for neighbour, we must think first how to contribute to the physical and spiritual care of those who are vulnerable, self-isolated, sick, or dying. Luther wrote that Christians are under a divine obligation to fill the gap: ***“We must give hospital care and be nurses for one another in any extremity or risk the loss of salvation and the grace of God.”***

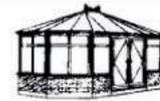
Recently, in Portugal Cristiano Ronaldo gave a good example and turned his hotels into hospitals. For those of us who do not have special training to participate on the medical front lines, we are called to responsibly play our part in society: in our jobs that help keep our economy going; in our families as parents, children or siblings; in the way we communicate, listen and respond to news; in the way we care for our neighbours, cities and communities. Above all, we are called to pray for and do our best to support good research and medical care esp. the key workers.

COVID-19 reminds us that lasting contentment, security and happiness is not to be found in the present world but in the world to come. As Augustine put it:

As ‘we are saved by faith’, so we are made happy by hope. Neither our salvation nor our beatitude is here present, but ‘we wait for it’ in

the future, and we wait ‘with patience’, precisely because we are surrounded by evils which patience must endure until we come to where all good things are sources of inexpressible happiness and where there will be no longer anything to endure. Such is to be our salvation in the hereafter, such our final blessedness.

May God protect and bless you all,
Rev. Riaz



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*According to figures from armedprevention.co.uk

1170-158-BW

Norfolk County Council Recycling Centres Re-open

In line with the Government's advice to stay at home, you should only make a journey to the recycling centre if your waste or recycling cannot safely be stored at home.

If you are in self-isolation, have Covid-19 symptoms, or if you have been in recent contact with someone else with symptoms, you must not visit our recycling centres under any circumstances.

Before you visit

The King's Lynn recycling has re-opened, but as circumstances may change you should check the Norfolk County Council web-site before visiting.

Make sure you wear sensible clothing, gloves and footwear.

You do not need to wear a mask, unless government advice changes.

Please do not use a large van or trailer to bring your waste. We can only accommodate cars and small vans.

Waste we are not accepting

We are currently unable to accept the following at any of our recycling centres:

- Any trade waste
- textiles
- clothing
- items for the reuse shop

Other materials may also be restricted due to lack of collections from sub-contractors.

Social distancing

We have made changes so we can maintain social distancing on our sites. This is for your own safety and the safety of our staff.

- We will be allowing smaller numbers of vehicles onto sites than normal. If queuing outside the site becomes an issue, we may ask some visitors to come back later.
- Staff will not be able to help you unload items.
- Only one person can leave your vehicle at a time, unless you need help unloading something heavy

Reuse shops are closed

Reuse shops are closed. You will not be able to buy items from them or donate items. Compost

bins, bagged compost and green bags are also unavailable to purchase.

Payments for DIY waste

We are only able to accept card payments. Please use contactless payments if you can.

Disposal of waste

If you have been isolating due to a suspected case of coronavirus it is important that you dispose of your waste differently to help avoid the spread of the virus.

Personal waste (such as used tissues and disposable cleaning cloths) should be stored securely within disposable rubbish bags. These bags should be placed into another bag, tied securely and kept separate from other waste. Please put them aside for at least 72 hours before placing them in your usual external household waste bin.

Other household waste can be disposed of as normal.

Waste should be stored safely and kept away from children. If you live in a building with communal waste areas you should store your waste in the way detailed above for at least 72 hours before putting the bags in the communal area.

MIDDLETON PAROCHIAL CHURCH COUNCIL



Our PCC now consists of only five members. Two are both elderly and infirm, one is likely to move in the near future and sadly our very efficient treasurer is moving away in a matter of months. So you see St. Mary's Church is in dire straits. In addition to that, we have no Churchwardens.

We need 2 Churchwardens, a Treasurer, a Secretary and a Fabric Officer. The Vicar assures me that you do not have to be a church goer to fill these roles. If anyone is interested in taking on any of these positions, or would like more information, please get in touch with either **Edward Boon on 840320 or me on 840716**. In hopeful anticipation.

Joan Van Dyke

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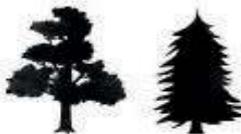


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PARISH CONTACTS

CHURCHES:

Priest-in-Charge: Rev Riaz Mubarak 01553 841519 E-mail: rev.riaz.mubarak@gmail.com

Middleton St Mary's

Churchwarden: Vacant

PCC Secretary: Vacant **Treasurer:** Mrs Christine Minister 840559

North Runcton All Saints

Churchwarden: Mary Angelina 841519 and Mr K Matthews 842265

PCC Secretary: Mrs Ann Matthews 842265 **Treasurer:** Mrs Maggie Challis 842540

East Winch All Saints

Churchwardens: Mr S Dale 630167 and Mrs W Smith

PCC Secretary: Mrs J Weavers 840510 **Treasurer:** Mrs W Smith 842281

PARISH COUNCILS:

Middleton (www.middleton-news.co.uk)

Clerk: Elaine Oliver Tel: 630655 E-mail: middletonparishcouncil14@gmail.com

Councillors: Chair: Mick Porter 841427; **Vice Chair:** Val Ward;

Mrs M Applegate; Mrs E Barclay; Mr C Samuels; Mr R Smith; Mr J Tolley; Mr M Wiles; Mr Z Wiles Van Dyke.

The Council meets on the first Wednesday of the month (except August) in the Village Hall at 7pm.

North Runcton (<http://northrunctonpc.norfolkparishes.gov.uk>)

Clerk: Rachel Curtis Tel: 673043 E-mail: northrunctonparishclerk@outlook.com

Councillors: Chair: Mr R Morrish Tel: 840284; **Vice Chair:** Miss K Fuller;

Mrs L Davies; Mr J Fuller; Mrs L Gunn; Mr B Houchen; Mr K Longhurst; Mr L Stevens; Mr P Yallop.

The Council meets on the second Tuesday of each month (except August) at 7.45 pm at the Village Meeting Place.

East Winch (www.eastwinchandwestbilney.co.uk/parish-council)

Clerk: Bob Pannell Tel: 775724 E-mail: bob.pannell1@btopenworld.com

Councillors: Chair: Mrs N Steele; Mr M Place; Mr N Velzeboer; Mr A Yarham

The Council meets every other month, normally on the first Monday of the month, at 7.30 pm in the Village Hall.

Borough Councillors: West Winch Ward: Simon Nash (01553 811200) & Peter Gidney (07885 258450). Gayton & Grimston Ward: Michael de Whalley (07770 273903) & Colin Manning (07885 258392)

Other Contacts:

Badminton Club	James Williamson	01485 600946
British Legion	Gerry Tann	01553 674953
Car Scheme	Colin Skipper	01553 842448
Carpet Bowls Club	Peter Wall	01553 840471
East Winch Village Hall	Amanda Hart	01553 841236
Lunch Club	Olive Turpin	01553 840623
Middleton Village Hall	Mrs P Petch	01553 842149
Mothers' Union	Gillian Boon	01553 840320
N Runcton Village Meeting Place	Rachel Curtis	01553 673043

Editor: Chris Hudson; E-mail: editorofparishnews@gmail.com or call 01553 849725.

Advertising Manager: David Gager; E-mail: parishnewsadverts@gmail.com or call 01553 278402.

Views expressed in the magazine are not necessarily those of the Editor. **The deadline for the next issue (August/September) is Friday, 17 July.**