



PARISH NEWS

FEBRUARY & MARCH 2019

MIDDLETON, NORTH RUNCTON & EAST WINCH

SAY GOODBYE TO THOSE WINTER
BLUES COME AND JOIN US AT
OUR.....

1940's Dance



**Dancing to Major Swing
on Sunday, 10 February 2019
5.00-9.00pm
at William Burt Centre
West Winch
(BRING YOUR OWN DRINKS)**

Music & Dancing with period dress encouraged

Tickets - £11

*This includes freshly cooked chip supper
choice of
Fish/Fishcake/Sausage or Vegetarian Option*

**Reserve your tickets on 07578 828529
or email hannahjfisher@talktalk.net**

Raffle - North Runcton Church

SEARCH FOR MEMBERS OF THE EGGLETON FAMILY

Local resident, Roger Lord, recently contacted the Parish News to ask for help in trying to trace relatives of Fred Eggleton.

Roger is in possession 5 hardback books. In each one is a "frontpiece" which says:

"Presented to Fred Eggleton, Middleton Church, Sunday morning attendance 1936".

In one of the books is a copy of the monthly journal of the King's Lynn Labour Party. This is dated the 22nd July 1949, with the name and address, Mr F Eggleton, 5 Freebridge Terrace, Middleton, King's Lynn.

Roger found the books in a carrier bag when asked to have a look in the attic of 6 Freebridge Terrace when it was being cleared. The occupier, Mrs Dennis, had never seen the books before. Both she and Roger would like to reunite the books with the Eggleton family.

Are you a relative of Fred Eggleton or do you know someone who is? If so, and you would like to recover the books, Roger Lord would be very keen to hear from you. He can be contacted by phone on 01553 841215 or by email at roger_lord@hotmail.co.uk.

Let's hope someone can help.

Middleton Carpet Bowls Club Celebrates Another Successful Year

Throughout the year members meet on Tuesday evenings (7-9pm) to play friendly matches with opponents randomly drawn. Additionally, during November and December the members play knockout matches in singles and pairs - the winners being awarded Herbie Ogden Memorial trophies. The trophies are in memory of Herbie Ogden, who was a founder member of Middleton Carpet Bowls Club and chairman for several years until his passing in 2012.



For 2018, the winner of the Club Singles Knockout Tournament 2018 was Nigel Gray (standing on the left in the photo).

In the Club Pairs Knockout Tournament the winners were Nigel Gray and Brian Roberts.

Well done to Nigel for winning both events!

Carpet Bowls is also played at Middleton Cameo Cafe, held 2nd and 4th Wednesday afternoons (2.30 - 4.30pm) monthly in the Village Hall. New players are always made welcome at Tuesday evening and Wednesday afternoon meetings. Tea, coffee and biscuits are served.

For any information please contact Peter Wall 01553 840471 or Brian Roberts 01553 841360.

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News from North Runcton

West Winch Growth Area

Just before Christmas we learnt that an outline planning application was being submitted for 500 dwellings on land owned by Zurich Assurance at West Winch (Planning reference 18/02289/OM). The proposals straddle the A10 and lie mainly between Rectory Lane and Chequers Lane. The land lies within the allocated 'West Winch Growth Area'.

Along with the outline application by Hopkins Homes for 1,100 dwellings at Constitution Hill, these two applications could now provide the 1,600 dwellings that the Borough Council have proposed should be delivered in the Growth Area by 2026.

A public exhibition is being organised where you will be able to review the proposals in more detail. This will be at the **William Burt Centre, Saturday 2nd February – 10:30am to 3:30pm**. Please come along or review the proposals on the Borough planning portal.

Road Infrastructure

One of the main concerns of all locals will be the impact of these large developments on local roads – both during construction stages and when operational. The Borough Council have appointed road design consultants to design a 'relief road' and we are told that a scheme is near completion. North Runcton and West Winch Parish Councils have been invited to a briefing about this in early February.

'North Runcton Conservation Volunteers'

As part of the 'Wildlife in Common' project that we have been undertaking in conjunction with Norfolk Wildlife Trust, it has been proposed that we set up a working group to carry out conservation management tasks on some of our commons (and anywhere else where some help might be required!). We initially plan to meet a few times a year, and to start with some simple small-scale tasks – and see where that takes us.

If that sounds like something you would be interested in getting involved with – please contact Cllr Lee Stevens – Email: lstevens24@btinternet.com or ring 07927 346170.

Events at the Village Meeting Place

Thursday 7th March 2019, 7:30pm - **Common (and not so common) Wildlife: Conserving Our Key Species**. A talk by David North, Norfolk Wildlife Trust as part of the *Wildlife in Common* Project. Free entry. Refreshments.

Thanks very much to everyone who attended the VMP quiz. Another successful, well attended event. If anyone has any ideas for other community evenings – (or better still would like to organise one!), please get in touch.

Our regular VMP clubs now include Art Group, Pilates, Triathlon Club, Camera Club, *Soundbath* Meditation and others! Buttercups Playgroup meet 5 days a week. For more information about these or other activities and events - Please contact Rachel, Parish Clerk 01553 673043
Email:northrunctonparishclerk@outlook.com

TAKE A BREAK

Here's a quick Sudoku puzzle to do with your tea or coffee break. Each row and each column must contain the numbers 1 to 9 and so must each 3x3 box. Solution on Page 19.

	3	9						
6	5			1	9	4		
				5		2		
3	4		8		7	1		
		7		4				
	9		6					8
4		5		2		3		6
	6			3		9		

Nar Valley Ornithological Society (NarVOS)



Indoor meetings at the Barn Theatre, Sacred Heart Convent School, Swaffham.
Access and parking from Sporle Road.

Managing the Denver Complex with Dan Pollard Tuesday 26th February 7.30pm

Denver Sluice has played a vital role in the drainage of The Fens since the 1600s. And who better to talk about managing the present Denver Complex than Dan Pollard from the Environment Agency, which owns the site. Dan lives and works at Denver Sluice dealing with all the responsibilities of flood risk, navigation, conservation, water abstraction, land drainage and fisheries. Quite a challenge.

The Wonders of Migration with Ieuan Evans Tuesday 26th March, 7.30pm

Ieuan Evans will talk to NarVOS about the incredible journeys that birds make and will help to unravel the mysteries of bird migration. Ieuan is a director of the British Trust for Ornithology and will doubtless have the latest information at his fingertips. Ieuan's talk is likely to feature such iconic species as swifts, nightjars, cuckoos, nightingales, and more...

Visitors most welcome at these meetings. Admission £2 on the night if you are not a NarVOS member. For more information about this meeting or NarVOS call Ian Black on 01760 724092.

NORTH RUNCTON PARISH COUNCIL MINUTES

Copies of the minutes from North Runcton Parish Council meetings are available on the website:

www.northrunctonpc.norfolkparishes.gov.uk

However, if you would like a paper copy sent in the post then please contact Rachel Curtis – Clerk to North Runcton Parish Council
Tel: 01553 673043.

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LOCAL AUTHOR PUBLISHES NEW BOOK

Under An Orange Sky is the wildly dramatic story of the Vitality Hockey Women's World Cup London 2018 – the biggest women's team sport event ever to take place on British soil. At this crazy, anything-goes, ultimately tear-inducing competition there was no such thing as a certainty. High-ranked teams fell by the wayside, reputations were ignored and accepted practices turned on their heads as the form book was torn up in front of the huge crowds that flocked daily to the Lee Valley Hockey & Tennis Centre.

Working together with world-class hockey photographers Frank Uijlenbroek and Koen Suyk – joined this time by Argentina's Rodrigo Jaramillo – authors Sarah Juggins and Richard Stainthorpe capture with narrative and stunning images all the twists, shocks and surprises, and even a fabulous Irish fairy-tale, as East London's Queen Elizabeth Olympic Park welcomed the world's best.



Sarah's book is a blow-by-blow account of one of the most entertaining and unpredictable women's team sport events:

- How London played perfect host to the biggest women's team event ever seen in the UK
- How one top team after another crashed out of the competition
- The heroes of the Vitality Hockey Women's World Cup London 2018
- How records were smashed and world rankings turned upside-down
- Why Christmas came early for Ireland
- The Spanish coach's prophetic words
- The drama of shoot-outs and goalkeeping heroics
- How one team and one coach set the bar higher than ever before

Sarah was born in Middleton. She was educated at what was then Gaywood Park HS before going to university and went into teaching before changing career to become a freelance writer. She now specialises in sports reporting, particularly hockey, and also writing for local businesses. Sarah works for the International Hockey Federation (FIH), the Pan American Hockey Federation and *Planet Hockey*. She ran the Hockey Olympic News service at London 2012 and also covered the 2014 men's and women's Hockey World Cups in The Hague. Sarah moved back to East Winch six years ago, and lives just a mile from her parents' farm.

Under An Orange Sky was published on 17 December (Paperback: 256 pages Publisher: Pitch Publishing Ltd. ISBN-10: 1785314920 ISBN-13: 9781785314926 RRP: £25) and is available from all good high street bookshops and on-line retailers.

NORTH RUNCTON ART GROUP



If you are looking for a relaxing and enjoyable afternoon come and join our friendly and sociable group. Our members are all of mixed artistic abilities and creative in their own way using a variety of mediums and always willing to offer advice and help if needed.

Sounds like what you have been looking for? So why not give us a try and have a free taster session.

The Village Meeting Place
The Green, North Runcton Village, PE33 0RB
Wednesdays 1.30 – 4.30pm or
Thursdays 2.30 – 4.30pm
Membership £18 paid quarterly in advance
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West Winch Bowls Club

January and February are traditionally quiet months for the bowls club, however you may have noticed that the hedge surrounding the bowls club has recently been cut and trimmed on both sides. This work was carried out by contractor Andrew Clark under the direction of Geoff Nunn of the bowls club committee. As well as cutting the hedges, Andrew also collected up the fallen leaves lying in the gullies and disposed of them. Andrew did a fantastic job and the committee is well pleased with his work.



The bowls club committee has decided to purchase an automatic Watering System that has come available due to the closure of the Wereham Bowls Club. This system, once installed, should enable the whole Green to be watered in less than half an hour instead of the usual 2 - 3 hours as in the past. Piping and electrical wiring will need to be installed in the gullies. Jim Grant is carrying out some exploratory work prior to the piping and wiring being laid. It is anticipated that installation will begin soon and hopefully should be completed before the new season opens in April.

The next committee meeting will take place in the pavilion on Monday 25th February at 10 am.



Needleworkers Circle

Fancy joining a sewing/knitting/craft circle? We are a very friendly & sociable group who would love for you to join us.

Where: Leziate Village Hall

When: **Tuesday, 5 February** 10am - 1pm.
and then every fortnight until
mid-July.

Cost: £2

Please bring your own refreshments. Kitchen facilities are available. Toilets & free car-park. For more information please contact Joyce 01553 673949 or Jan 01553 841514.

Middleton Parish Council Chairman's Report

By Mick Porter

In November the Parish Council(PC) was represented at two liaison meetings, one at Sibelco and the other being the Police Liaison meeting.

The meeting at Sibelco followed very much what has gone before with a presentation of the progress on the work being carried out on restoration and extraction. One of the issues that the PC has highlighted with Sibelco is the movement of lorries on Hill Road and Station Road in the early hours of the morning. It appears that Sibelco has informed all the hauliers coming to the plant that entrance will be restricted to 6.30 am to 8.00 pm. Appropriate action will be taken on any haulier turning up outside these times.

The Police Liaison meeting was very informative, there is a new structure in place to take into account the loss of the PCSOs. There will be beat managers responsible for parishes in the Watlington area, our beat manager is PC Ryan Williams, telephone 101 ext 5205 or email williams.RI@norfolk.pnn.police.uk Alternatively email snwatlington@norfolk.pnn.police.uk and any messages sent to this email will be viewed by any of the team. There are posters on the Parish Notice Boards giving further information.

The PC was made aware of the new order from the Borough Council King's Lynn (BCKLWN) regarding dogs on recreation fields and especially children's play areas. The PC agreed to have new notices put up on the playing field informing users of the new orders.

It was also reported that the general waste bins on the field were being used to deposit dog waste. There is a dog waste bin at the entrance to the field which is the correct place for it. Dog waste bag dispensers with bags will be made available at various points in the field.

Various highway problems will be reported to the Highways Authority, some of which have been reported previously. The PC can only keep pursuing the Highways Authority to get the problems resolved.

EAST WINCH CHURCH NEWS



Thanks !

At the Christingle service, £40.61 was raised and sent to the Children's Society. Over £5 of that came from money put in the candle at the Post Office, which was wonderful.

The Candlelit Carol Service at Bilney raised £90.50, which was divided between the Norfolk Churches Trust, which looks after St Cecilia's, and the King's Lynn Night Shelter. They were very pleased to get the money, and said it would be used to replace a broken bed.

And to the volunteers...

All Saints Church has a large number of volunteers, not all of whom go to church much, who do wonderful work to keep the place as welcoming as possible. So to the people who cook, do the flowers, clean, unlock the church, wind the clock and tend the graveyard, and probably more whom I've forgotten to mention, many, many thanks.

Middlewinch Benefice Lent Course

This year, Easter is late (21st April) and Lent starts on the 6th March. Between those dates there will be 4 study sessions on discipleship, co-ordinated by Amanda and Nell.

Amanda wants to know who would like to come, and whether they'd prefer afternoons or evenings. Please ring her about this. Depending on numbers, the meetings will be at Church Farm, Middleton or at East Winch Village Hall.

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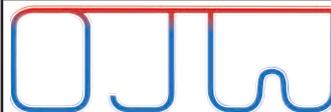
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HOW YOUR LOCAL HEALTH CARE IS ORGANISED

By Dr Paul Williams



I am Chairman of West Norfolk Clinical Commissioning Group (CCG) to which I imagine your first question is who are West Norfolk CCG? That question is the reason I decided to reach out to you. West Norfolk CCG is the NHS organisation which buys, or as we call it commissions, the NHS services you use every day. We pay for GP and hospital services, mental health services, the ambulance service, the community nursing service. In fact, the only NHS services that we don't buy are pharmacies, opticians and dental services.

I was a full time GP in Upwell for 30 years until I took partial retirement last summer, I still do one session a month in Upwell and spend a lot of time working at the CCG. For some time I have been writing a blog on our CCG website and you can read previous entries here www.westnorfolkccg.nhs.uk. Recently, however, I became aware that my words were only reaching a small proportion of the people we serve and I am keen to reach as many local people as possible. I want local people to understand what we are doing to provide healthcare, what problems we have and I want to give you advice about how you can best access our services and stay healthy.

I saw the New Year in on Westminster Bridge watching the fantastic firework display this year. It's something I've always wanted to do and it was a memorable experience. However, what was obvious was how much planning, preparation and post event work was necessary to stage that 10 minute spectacle. This is of course also true of health services. As you probably know the trusts who run the Queen Elizabeth Hospital and the area's

mental health services are both in special measures at the moment. That means they have extra scrutiny and help to reorganise themselves to ensure the service you, the patient, experience in the short time you have contact with the health services gets better. We are doing what we can to support them to deliver those improvements and I think we will all see significant changes in how those services are delivered in the coming year or two.

There have been stories in the media recently raising the fear of losing services at the Queen Elizabeth Hospital. In truth there have been no decisions taken to do anything to threaten the future of the hospital and I want to assure you the CCG understands that we need a hospital in King's Lynn and we will be doing all we can to ensure its continuation.

So what changes are going to happen? The key theme to all the plans in place is integration, which essentially means working more closely together. At the moment there is an enormous amount of money spent on health and social care but those two broad areas are funded separately and by different organisations. Communication and seamless working is difficult when the services are fragmented in this way. In an effort to improve this and get better integration the government formed STPs - yes more confusing abbreviations. STP stands for Sustainability and Transformation Partnership. They are essentially a way to bring together all the organisations who are involved in delivering health and social care to enable more seamless working which should reduce waste and improve the patient experience.

In our area the STP covers Norfolk and Waveney, an area which includes 5 CCGs, three large hospitals, and is mostly covered by Norfolk County Council. There is one provider of community health care and one of mental health services and there are many district councils and even more voluntary organisations involved in delivering health and social care in this large area. In order to make things more manageable the area is sub divided and we have a west division within the STP which is focused on delivering that

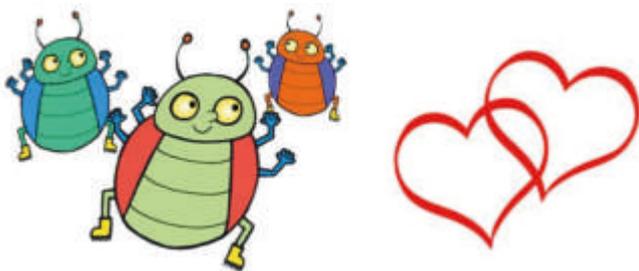
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improved integrated care to you.

I chair the Local delivery Group in the West which is the group where all the organisations I have mentioned above come together to plan how we can work more smartly and more closely together to improve services. I will go into more detail about this in future issues, but already we have seen practical improvements as a result of that closer working. We now have what we call West Norfolk escalation avoidance team (West NEAT) where a group of NHS and social care professionals drawn from a range of different disciplines and based at St James' Hospital in King's Lynn act as a single point of contact for health and care professionals such as GPs, community nurses, mental health workers, paramedics from the ambulance service, social workers or therapists.

The aim of the NEAT is to make sure the patient gets the help and support they require. If they really do need to go to hospital they will, but in most cases they are helped to stay at home where they want to be. Sometimes voluntary groups will be able to offer some ongoing support to ensure other issues in the person's life are addressed, such as loneliness. So just like the New Year's Eve fireworks a short positive experience for the patient is brought about by considerable thought, planning and negotiation behind the scenes.

Beetle Drive - lots of family fun!
14th February at 6pm
East Winch Village Hall



What better way to entertain the love of your life on Valentine's Day? Get a team of 4 together, and have a silly evening! Tickets at £7.50 per person from Amanda 01553 840814, or at the door.

Light refreshments are included in the price. There will be a raffle and the money raised will go towards a toilet at the church.

East Winch
Parish Council Meeting,
7th January

By Nell Steele

The meeting began with a minute's silence to commemorate our former Parish Councillor, Arthur Wilson.

It was noted that, although the railings by the Old Maid's head have been mended on Gayton Road by the County Council, the rest along the A47, which is the responsibility of Highways England, are in very poor condition and potentially dangerous. A letter will be sent to Highways England, without much hope of a satisfactory response.

It was decided to ask the Fire Service to speak at an open meeting about fire risks in the home and smoke detectors, and to arrange this in the spring or summer when the days are longer.

Lisa Papworth had had a meeting with a supplier of play equipment for the play area, and chose 2 items. We will need to apply for funding to purchase these and a table and chairs, and it is therefore vital that we have some idea how much interest there is in using the playground. If there is very little interest, we should not use public money to buy equipment. Please make your views known to any Parish Councillor.

We had been told that the broken posts along the trod in Station Rd would be mended by Christmas, but it hasn't happened, nor have we received an estimate for the cost of a trod to Ashwicken Rd.

We are also awaiting to hear from our insurers how much they will pay towards the replacement of the bus shelter. They want an estimate of the cost of replacing it as it was.

It was decided to keep the precept at its present level of £12,500 for the year from March 2019.

The next meeting will be on Monday, 4th March at 7.30.

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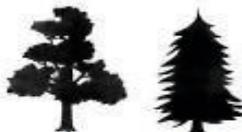
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LIFE OR DEATH - A DEFIBRILLATOR

The after dinner speaker at a Probus meeting, which I attended about a year ago, was a senior representative of the East of England Ambulance Service. The basic information that he delivered on defibrillators, is embedded in my mind, as it will be with the other 30 or so members of our club who heard his 30 minute talk.

The salient points I would like to pass on to your readers are as follows:-

- There was, at the time of the talk, three manufacturers of defibrillators for English speaking users of the equipment.
- The cost of these per unit, is about £800 from all three manufacturers.
- Each unit has a case, which when opened tells you, in English, how and when to use it. It says if the person you are attending is unconscious:
 - i) Call or get someone to call 999 for Ambulance assistance now.
 - ii) Check to see if the person has a pulse.
 - iii) If the person has a pulse, **DO NOT USE THIS MACHINE** but do start chest compressions to keep the heart pumping blood to the brain. Continue this until Paramedics arrive.
 - iv) If the person has no pulse, follow the instructions which in essence tells you to tear all upper body clothing off to expose the chest (scissors we were told are provided by one manufacturer). Place the adhesive pads to the chest as directed and press the firing button

The speaker said that as a paramedic for several years, if he turned up to an incident and people were standing around waiting for his team to arrive he was there to recover a body. If however he arrived to see somebody carrying

out CPR the person had a 50/50 chance of surviving.

He also told the true story of a Parish Council (not ours) who voted 9 to 1 in favour of buying a defibrillator, to be installed in their Parish Hall. The first use of the unit was to save the life of a councillor. You guessed it – it was the person who voted against its purchase.

It is my personal belief that as we have such a larger than normal Parish area, we should have three defibrillators, one at Blackborough End, one at the Village Hall and one at Fair Green.

They should be in a secure externally mounted box that triggered an alarm when opened to signify that it is either for a genuine need to save a life or a vandal. Either way local residents would hear the alarm and either give assistance or see off the vandal.

If we could save just one life, wouldn't it be worth raising £3,000 by donations or events to make it happen? Just think – it could be you that needs help.

Eric Lamb



MIDDLETON & DISTRICT ROYAL BRITISH LEGION

Our next social event is an Evening Buffet on **Wednesday, 20 February** at the William Burt Social Club starting at 6.30pm.

Everyone is welcome to attend. Please book places for the Evening Buffet by contacting Lilian Fisher on 01553 841852 or by email at lilianfisher@talktalk.net. Tickets for the Evening Buffets are £7.50 each person and include a full buffet with a glass of wine or a soft drink. Donations of raffle prizes greatly appreciated.

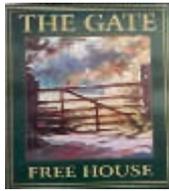
Proceeds from the raffle will go to the Middleton & District Branch of the RBL.

On **Monday, 11 March at 7.30pm**, we have our Branch Meeting open to all members at the William Burt Social Club (Small Room), Watering Lane, West Winch.

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Cameo Café

Our meetings are on the **2nd and 4th Wednesday of the month at 2:30pm** in Middleton Village Hall

Do join us - and the bowlers - for a cup of tea, homemade cakes and chat. All are welcome.

There is no charge but donations towards our running costs are always welcome.

Hilary Hickman



Our **Tums to Tots** group meets in East Winch Village Hall as part of the National Childbirth Trust, **10am to noon every Friday.**

Open to all parents, parents-to-be, babies and toddlers. Call **07799 821491** for more information.

Community Car Scheme

The Community Car Scheme Is to help villagers who have no transport, who are elderly or disabled to attend at local doctors' or dentists' surgeries, opticians, health clinics or to keep hospital appointments.

A small charge is made to cover petrol expenses. If you require help or further information, or if you wish to volunteer help in any way, please contact Colin Skipper on 842448.

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New members very welcome.

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Middleton Badminton Club

Play badminton most Monday evenings (not Bank Holidays) at the Village Hall from 7pm to 9pm. The club is friendly and always welcomes new members. Contact Nigel Gray (01553 841541) for more information.

KING'S LYNN WOODTURNERS CLUB

The club meets in Middleton Village Hall on the **second Wednesday of each month at 7:30pm**. The club welcomes new members and if you would like further information please call them on 01553 841294.

Lunch Club usually meets on the 2nd Monday of the month at Middleton Hall Golf Club at 12.00 for 12.30pm.

For further details contact Olive Turpin 840623.



Mothers' Union News

We resume our meetings on **19th February at 2:30pm**. This will be at Church Farm and the speaker is the Revd Durban from RAF Swanton Morley who will be talking about his work with the wives and families of service personnel.

Our meetings are held on the 3rd Tuesday of the month at 2.30pm at Church Farm, but in March we do not have a meeting as we join with others for a Women's World Day of Prayer Service.

Hilary Hickman

VIEW THE PARISH NEWS ON-LINE

View the Parish News in colour on line at the Middleton Parish Council web-site. Go to the "Community" section of the web-site and you'll find the Parish News page with information on publication deadlines and downloads.

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MAGPIE CENTRE NEEDS YOUR HELP

As you read this, the weather may still be cold but nothing can stop the evenings from drawing out! Before long spring will be here and with it scope for new activities and challenges.

Here at the Magpie Centre, home of West Norfolk Riding for the Disabled Association, based at Wallington Hall, South Runcton PE 33 0EP, we are on the hunt for volunteers who can help with riding lessons on Tuesdays, 4.00 pm to 7.00 pm and provide support for carriage driving lessons on Wednesdays 11.00 am to 3.00 pm.

No previous experience with horses, nor of helping people with disabilities, is required as full training is provided.

For the riding lessons, we require leaders for the ponies and "sidewalkers". The role of a sidewalker is to support a rider's leg to help them maintain balance plus relay instructions from the coach to the rider. This is most rewarding as it helps riders to improve their communication skills.

For those helping with carriage driving lessons, the role involves preparing the horses, learning how to harness them, assisting the drivers into the carriage, and/or following behind on a bicycle to help in case of emergency. All this in the spectacular grounds of Wallington Hall.

If you've "always wanted to learn about horses"; want to "get back into it", want to "make new friends", or just want to learn new skills while enjoying fresh air and exercise, call the Magpie Centre on 01553 810202 for an informal chat about joining our friendly team. If you can't manage the times stated but might be able to help at other times, call anyway!

And if numbers are more "your thing", we are still seeking a new Treasurer to join our team of Trustees. This role would suit a person, maybe newly-retired, who has book-keeping and/or accountancy skills. For more details, call our Chairwoman, Rosie O'Grady on 01366 500104.

Leziate, Ashwicken & Bawsey Women's Institute



We meet every 3rd Tuesday of the month from **2pm - 4pm at Leziate Village Hall** and welcome guests and new members.

At our meetings we have guest speakers who inform and entertain us on a variety of interesting topics. We also have social activities such as games, quizzes, competitions and lunch outings.

We held our Christmas Party in December and spent a very enjoyable afternoon ringing out Christmas Carols on hand bells under the guidance of Chris Dixon. By the end of our musical session, we were quite proficient and the tunes were recognisable! Thank you Chris Dixon for your patience and for providing us with such an entertaining afternoon. We rewarded ourselves with mulled wine and delicious mince pies provided by Myrtle.

Future Meetings

19th February: Nick Barrett - Farming Galloway Cattle at Wolferton and more.

19th March: Pat Knights - Joyce Grenfell monologues.

16th April: Angela Pickering - Quilting

If you would like to consider joining our friendly and informal group for future meetings please 'phone Ali on 01553 841267.

SUPPORT YOUR LOCAL BUSINESS

The Parish News is funded from the income generated by local businesses who advertise with us. Please support them if you can with your custom.

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Chris Hudson, Editor

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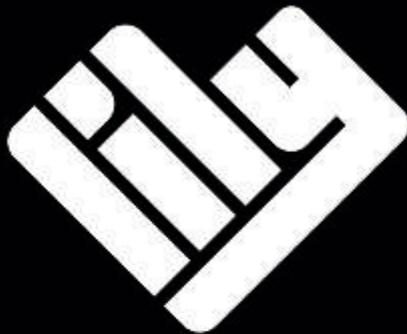
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11/06/09/4

Church Services in February & March

Sunday, 3 February

10.00am **W Winch** Benefice Eucharist

Sunday, 10 February

9.30am **W Winch** Holy Communion
10.30am **E Winch Village Hall** Morning Prayer
11.15am **Middleton** Holy Communion
2.00pm **N Runcton** Evening Prayer

Sunday, 17 February

9.30am **W Winch** Holy Communion
11.15am **Middleton** Holy Communion
11.15am **E Winch** Holy Communion
3.00pm **N Runcton** Evening Prayer

Sunday, 24 February

8.00am **W Winch** Holy Communion
10.00am **W Winch** Morning Praise
10.30am **E Winch** Morning Prayer
11.15am **Middleton** Morning Prayer
3.00pm **N Runcton** Evening Prayer

Sunday, 3 March

10.00am **W Winch** Benefice Eucharist

Sunday, 10 March

9.30am **W Winch** Holy Communion
10.30am **E Winch Village Hall** Morning Prayer
11.15am **Middleton** Morning Prayer
3.00pm **N Runcton** Evening Prayer

Sunday, 17 March

9.30am **W Winch** Holy Communion
11.15am **Middleton** Morning Prayer
11.15am **E Winch** Holy Communion
3.00pm **N Runcton** Evening Prayer

Sunday, 24 March

8.00am **W Winch** Holy Communion
10.30am **E Winch** Morning Prayer
11.15am **Middleton** Morning Prayer
11.30am **W Winch** Spring Service and lunch at Village Hall
3.00pm **N Runcton** Holy Communion

Sunday, 31 March - Mothering Sunday

10.00am **N Runcton** Benefice Service

Sunday, 7 April

10.00am **W Winch** Benefice Eucharist

Morning Worship is held each Wednesday morning at 9.30 am at Church Farm. All are welcome to join us to pray for the needs of the village and then enjoy a cup of coffee.

Mobile Library Timetable

The Mobile Library timetable for our area is as follows:

MONDAYS – normally every 2 weeks. Next visits on:

11 & 25 February; 11 & 25 March

Middleton

Village Hall 09:40 - 10.05

Fair Green

Park Hill Estate 10:10 - 10:30

Graham Drive 10:35 - 10:50

Gate Inn 10:55 - 11:10

Middleton

42 Hall Orchards 11:15 - 11:25

88 Walter Howes Crescent 11:30 - 11:45

St Mary's Court 11:50 - 12:00

East Winch

Gayton Rd - Opp Windyridge 14:20 - 14:30

Town Close 14:35 - 14:45

47 Town Close 14:50 - 15:00

Village Sign 15:05 - 15:15

Blackborough End

The Green 15:20 - 15:30

The Firs 15:35 - 16:00

TUESDAYS – normally every 4 weeks. Next visits on:

19 February & 19 March

North Runcton

The Green 10:15 - 10:35

The Foldgate 10:40 - 10:55

SUDOKU SOLUTION

(From Page 3)

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2	9	3	6	7	1	5	4	8
4	7	5	9	2	8	3	1	6
8	6	1	5	3	4	9	2	7

PARISH CONTACTS

CHURCHES:

Priest-in-Charge: Rev Riaz Mubarak 01553 841519 E-mail: rev.riaz.mubarak@gmail.com

Middleton St Mary's

Churchwarden: Vacant

PCC Secretary: Vacant **Treasurer:** Mrs Christine Minister 840559

North Runcton All Saints

Churchwarden: Mary Angelina 841519 and Mr K Matthews 842265

PCC Secretary: Mrs Ann Matthews 842265 **Treasurer:** Mrs Maggie Challis 842540

East Winch All Saints

Churchwardens: Mr S Dale 630167 and Mrs W Smith

PCC Secretary: Mrs J Weavers 840510 **Treasurer:** Mrs W Smith 842281

PARISH COUNCILS:

Middleton (www.middleton-news.co.uk)

Clerk: Elaine Oliver Tel: 630655 E-mail: middletonparishcouncil14@gmail.com

Councillors: **Chair:** Mick Porter 841427; **Vice Chair:** Val Ward;

Mrs M Applegate; Mrs E Barclay; Mr T Hewitt; Mr C Samuels; Mr R Smith; Mr J Tolley; Mr M Wiles; Mr Z Wiles Van Dyke.

The Council meets on the first Wednesday of the month (except August) in the Village Hall at 7pm.

North Runcton (<http://northrunctonpc.norfolkparishes.gov.uk>)

Clerk: Rachel Curtis Tel: 673043 E-mail: northrunctonparishclerk@outlook.com

Councillors: **Chair:** Mr R Morrish Tel: 840284; **Vice Chair:** Miss K Fuller;

Mr L Davies; Mrs A Dobbing; Mr J Fuller; Mr B Houchen; Mr K Longhurst; Mr L Stevens; Mr P Yallop.

The Council meets on the second Tuesday of each month (except August) at 7.45 pm at the Village Meeting Place.

East Winch (www.eastwinchandwestbilney.co.uk/parish-council)

Clerk: Bob Pannell Tel: 775724 E-mail: bob.pannell1@btopenworld.com

Councillors: **Chair:** Mrs N Steele; **Deputy Chair:** Mr K Harrod;

Ms S Davison; Mrs L Papworth; Mr M Place; Mr N Velzeboer; Mr D Wright; Mr A Yarham

The Council meets every other month, normally on the first Monday of the month, at 7.30 pm in the Village Hall.

Borough Councillors: West Winch Ward: Peter Gidney Tel: 07885 258450.

Priory Ward: Jim Moriarty Tel: 01760 755623

Other Contacts:

Badminton Club	Nigel Gray	01553 841541
British Legion	Gerry Tann	01553 674953
Car Scheme	Colin Skipper	01553 842448
Carpet Bowls Club	Peter Wall	01553 840471
East Winch Village Hall	Amanda Hart	01553 841236
Lunch Club	Olive Turpin	01553 840623
Middleton Village Hall	Mrs P Petch	01553 842149
Mothers' Union	Gillian Boon	01553 840320
N Runcton Village Meeting Place	Rachel Curtis	01553 673043

Editor: Chris Hudson; E-mail: editorofparishnews@gmail.com or call 01553 849725.

Advertising Manager: David Gager; E-mail: parishnewsadverts@gmail.com or call 01553 278402.

Views expressed in the magazine are not necessarily those of the Editor. **The deadline for the next issue (April/May) is Friday, 15 March.**