



PARISH NEWS

AUGUST/SEPTEMBER 2018

MIDDLETON, NORTH RUNCTON & EAST WINCH

PARISH NEWS DISTRIBUTORS NEEDED

Magazine distributors are urgently needed in Middleton.

Many of our volunteers have been delivering the Parish News for many years and now find the need to step down. Currently we need two distributors for Middleton in the Station Road/Walter Howes Crescent area. Can you spare an hour six times a year to do this for us? Perhaps while you walk your dog or when you need to boost your daily step total?

If you can help please ring Gill Boon on 01553 840320 for more details.

Raymond's Fund Raising Walk For The Norfolk Hospice, Tapping House

Just to let you know that I have completed the 122 mile walk in very hot conditions. I started in Middleton on Sunday, 1st July and finished on Friday, 6th July. The route took me out to the coast at Mundesley, then around the North Norfolk coast to Hunstanton before heading down through Sandringham back to Middleton. I would like to thank everyone who sponsored me and we managed to raise nearly £4,500. So thanks once again.

Ray Stevens

All Saints Church North Runcton Churchyard "Tidy Up" 2018



The huge amount of hard work put in by everybody over the last two years has greatly improved the churchyard, unfortunately, there is still more to do!!

Once again, Churchwarden, Ken Matthews, is looking for willing volunteers, armed with wood cutting, strimming and trimming clearing equipment, to further enhance the setting for our wonderful Georgian Church.

During the morning, refreshments will be provided which has also has proved a good time for a chat with other folk from the village.

**The date for the "Tidy Up" is:
Saturday 6th October, 9.00 – Noon?
If you are able to help, please give
Ken a call on: 01553 842265**

Middleton Coffee Mornings



How fast the time goes. The last two of this season's Coffee Mornings at St Mary's Church, Middleton will be held on **Saturday 4th August and Saturday 1st September from 10am to 12 noon.**

Please come and join us to meet up with friends, have a coffee, buy Eileen's delicious home made cakes and preserves, rummage through John's Bric a Brac, seek out plants for your garden and help to raise funds to keep our ancient church building safe and dry!

Flower Festival All Saints Church North Runcton

Just to say thank you so much to all who helped in any way to make our flower festival such a wonderful weekend.

Many thanks for all the generous donations we received. Special thanks to Angus, Harvey and Rosie for their help with the heavy oasis.

A big thank you to all who came and supported amazing!

Once again thank you all.

Lynda Fuller and the PCC

HAZARDOUS WASTE AMNESTY - 1 & 2 SEPTEMBER

If you have some household hazardous waste items you want to dispose of free of charge, here's your chance. The **King's Lynn Recycling Centre at Willows Business Park, Saddlebow** will be holding a hazardous waste amnesty on **Saturday, 1 September and Sunday, 2 September.** Household waste items that will be accepted for disposal free of charge are:

- Aerosols – full or part-full
- Car Chemicals such as anti-freeze
- Fire extinguishers
- Garden pesticides and fertilizers – both liquid and powder form
- Household chemicals and cleansers – both liquid and powder form. eg carpet cleaner, furniture polish, old bottles of bleach etc
- Paint – including water-based and solvent-based paint
- Photographic chemicals
- Wood preservatives, treatments and varnishes.

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MIDDLETON REMEMBERS



Plans for Middleton to commemorate the centenary of the end of World War 1 are progressing well. The planning group includes representatives of St Mary's Church, the Parish Council, Middleton & District Royal British Legion and members of the local community.

The Middleton Parish Pit Charity has kindly agreed to provide funding of up to £500 to support these special commemorations. As a result, arrangements can now be made for the purchase of one or more "There But Not There" perspex silhouettes and a memorial tree to be planted in the grounds of the church. Work is in hand to obtain a suitable plaque to be placed under the tree.



Other plans include:

- The production of a number of large metal poppies to be placed at key points around the village;
- Members of the local WI and Art Group are working on a hand crafted tribute to the men of the parish who lost their lives in the war and which can be displayed permanently in the church;
- Seeking to engage the primary school in the production of tributes, poppies and art to support the commemorations;
- Creating an exhibition of artwork, images and artefacts to be displayed in the church on 10 & 11 November;
- Exploring the possibility of taking part in a nationwide "Battle's O'er" event on the evening of 11 November paying tribute to all the sacrifices and celebrating the return of peace.

HOW CAN YOU HELP?

The commemorations are a community endeavour and there are several ways in which your help would be much appreciated.

Please keep knitting poppies: A large number of poppies are needed to help decorate the church for the exhibition and Remembrance Day Service. A pattern is provided below, but if you don't knit any form of crafted red poppy would be welcome:

POPPY PATTERN

- Cast on 60 sts using 4mm needles and DK red yarn.
- Rows 1-8 (K2,P2) to end
- Row 9 (K2tog) to end. [30 sts]
- Row 10 (S2kpo) to end. [10 sts]
- Break off yarn, leaving a long tail. Thread tail through remaining 10 sts and pull tight, then fasten off yarn.
- Join the edges of the poppy together and in the centre either sew on a black button or a black knitted pom-pom.

Please contact either Chris Dixon (01553 841409 or email christopherjdixon@gmail.com) or the Editor (01553 849725 or email: editorofparishnews@gmail.com) to arrange collection of finished poppies.

Exhibition Items: If you have any World War 1 family memorabilia or other items, such as old photographs of Middleton taken during or just before the war years, that you would be happy to see displayed at the exhibition, please get in touch.

Business Support: If you think that your business would be able to help with any of the practicalities of the commemorations, such as printing items for display at the exhibition, floral decorations or assistance with preparing the ground for tree planting, or would be willing to provide financial support, please get in touch.

There will be a further update in the next issue of the Parish News and information on the commemorations is also available on the Parish Council web-site.

Middleton Parish Council Chairman's Report

By Mick Porter

At the Parish Council (PC) for June at the 15 minute Open Forum for Parishioners a parishioner accused the PC of wasting money. As Chairman I took exception to this and stated that the precept for the parish is one of the lowest in the county and therefore each expenditure is closely monitored.

Borough Councillor Peter Gidney updated the PC on some of the latest borough news. The Government is trying to encourage the Borough Council King's Lynn (BCKLWN) to form a unitary authority within a Norfolk authority but the council is not in favour of this. Transport in King's Lynn is under discussion with a transport study on-going which includes the roads in King's Lynn and around it. There is a general feeling that the road in Harding Way should be open to all traffic not just public transport.

Councillor Gidney was told of three instances of fly tipping in the parish, something that has not been seen for some time. He was asked if there has been an increase in fly tipping in the borough since Norfolk County Council (NCC) has introduced charges at the Waste Disposal sites for everything except garden and general waste.

The PC considered the Risk Assessment report on the Council's assets, no actions were required.

The PC noted that the one hundredth anniversary of the end of 1914-1918 war falls on Sunday 11 November. The PC felt it would support any event to commemorate this anniversary. Several ideas were put forward, some of which have appeared in the last edition of the Parish magazine. There is already a planning group in place to co-ordinate ideas and plan the events that will take place.

Speed Watch has been in operation for six occasions and a total of 130 drivers have been reported to the police. A top speed of 50mph was recorded. Any driver caught driving at this speed will receive a personal visit from the police. It is disappointing that quite a few speeders were local people.

On 25 June most of the PC went on a Parish walk/drive and visited all the land which is owned by the PC. This was so that councillors who were new to the PC, knew where the sites were when they were under discussion at a PC meeting.

Following a meeting at the allotments it was agreed that more visible numbers are required at each of the allotments as the original numbers have disappeared.

Various highways issues were highlighted, all have been reported to the appropriate authority.

It was noted that a brand new sign has been erected on the A47 west of the East Winch road informing people that there is still a waste disposal and tip down the East Winch road. The sign on the east side has never been removed, this is to be taken up with NCC.

West Winch Bowls Club



It is hard to comprehend that August is the last month of the club's competitive games to be played before the season comes to an end. The last EBA game is being played at Upwell on the 1st. The senior players will then move to the Downham Market Triples League which will have already commenced in late July. Meanwhile the Albert Victor, Middleton and Silver Jubilee will continue playing through until the end of August. The last league game to be played will be the AVL on Friday 31st August.

The annual BBQ & Roll Up will take place at the pavilion on **Saturday 4th August 2 for 2-30pm**. The Roll Up will precede the BBQ with the latter arranged to commence at 5-30pm. Costings for Bowling and BBQ will be £8 and for BBQ only is £6. This is always a great afternoon that is enjoyed by all. Spectators are welcome to attend; the bar will be open to enjoy a cool drink on the warm summer afternoon. See you there?

David Skerritt

Nar Valley Ornithological Society (NarVOS)



Indoor meetings at the Barn Theatre, Sacred Heart Convent School, Swaffham.
Access and parking from Sporle Road.

The Great Fen Project – A Future Wetland and more with Henry Stanier Tuesday 28th August 7.30pm

The Great Fen is a 50-year project – one of the largest in Europe - to create a huge wetland area between Peterborough and Huntingdon for the benefit both of wildlife and of people. Henry Stanier, from the Great Fen, will talk about the project's background, the amazing progress so far and the vision for the future.

Birds of Thetford Forest. Nightjars, Tree Pipits, Firecrests and more with Greg Conway Tuesday 25th September, 7.30pm

Greg has worked for the British Trust for Ornithology for 20 years and has led many studies on the birds of Thetford Forest, covering such species as Nightjar, Woodlark, Firecrest, Tree Pipit and Stonechat. We have the same habitat and a similar range of species in the NarVOS area so Greg's talk should be particularly enlightening. Come along to find out more about these and other fascinating bird species.

Visitors most welcome at these meetings. Admission £2 on the night if you are not a NarVOS member. For more information about these meetings or NarVOS call Ian Black on 01760 724092.

NORTH RUNCTON PARISH COUNCIL MINUTES

Copies of the minutes from North Runcton Parish Council meetings are available on the website:

www.northrunctonpc.norfolkparishes.gov.uk

However, if you would like a paper copy sent in the post then please contact Rachel Curtis – Clerk to North Runcton Parish Council
Tel: 01553 673043.

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NORTH RUNCTON ART GROUP



If you are looking for a relaxing and enjoyable afternoon come and join our friendly and sociable group. Our members are all of mixed artistic abilities and creative in their own way using a variety of mediums and always willing to offer advice and help if needed.

Sounds like what you have been looking for? So why not give us a try and have a free taster session.

The Village Meeting Place
The Green, North Runcton Village, PE33 0RB
Wednesdays 1.30 – 4.30pm or
Thursdays 2.30 – 4.30pm
Membership £18 paid quarterly in advance
For more information please contact
Denise (Organiser) 07526 549454 or Janet
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Report from North Runcton Parish Council

Pressure on the natural environment is increasing as infill developments, extensions and planned commercial development behind Sainsbury's all eat away at the most precious asset of all – biodiversity. The Parish Council is encouraging residents to do their bit to preserve the flora and fauna that we are fortunate enough to be surrounded by in North Runcton and West Winch. At the recent Annual Meeting with Residents, Rick Morrish, Chair of the Parish Council, invited residents to buy an RSPB bird box at a discounted price. The boxes come in a range of designs from the standard classic bird box to special boxes, for example, for House Martins. If you can do your bit to preserve the local bird life, please contact Rick or the Clerk through the Parish Council's web site.

North Runcton Common is the home for a rich variety of creatures including the rare water vole and long eared bats. The Lord of the Manor, Peter Lemon, has kindly agreed to donate an information board for those visiting the common outlining its importance as a natural habitat and this will be installed close to one of the main gates in the near future.

It's cattle grazing time again so please, if you open the gate to cross the common, make sure you close it again.

Talking of wildlife, pencil the evening of **18th September** into your diary because there will be a talk at the VMP about the natural world – details to follow.

BBC Radio Norfolk's Sunday morning radio show "Treasure Quest" visited the smallest art gallery in North Runcton on Sunday 8th July. The smallest art gallery is the converted telephone box just opposite the village green and, if you haven't had a quick look inside, take a few moments to see the art work and find out about the history of the village.

West Norfolk Community Transport are now providing a "Dial a Bus" service to North Runcton. The bus operates every Friday, arriving in North Runcton at about 10 am., going to King's Lynn and returning to the village at

1.00pm. You have to register to be able to pre-book a seat so, if you're interested, phone 01553 770310.

Thanks to Lynda Fuller and helpers for the spectacular flower festival held at All Saints Church in early June. The flowers were the highlight of a busy weekend including a concert, supper, stalls and refreshments all weekend and a Songs of Praise service on Sunday evening.

East Winch Events

Open Churches "Week"



All Saints will be open between 10 and 4 every day between **Saturday 28th July and Sunday 12th August**. We are going to put up an exhibition about some of the people historically connected with the church, illustrated by pupils from Springwood High School. Do drop in and have a look.

Norfolk Churches Trust Sponsored Cycle Ride, Saturday 8th September

Nell will be cycling as usual, and would love sponsors. Half the money collected goes to the parish church and half goes to Norfolk Churches Trust, a charity which gives grants for repairs to churches across the county and also looks after some lovely churches which otherwise would fall into disrepair, including West Bilney church.

Or, if you enjoy cycling, why don't you work out your own route via the participating churches, and get sponsorship too? Nell has the sponsorship forms and other details (Tel: 840814).

WE WILL REMEMBER THEM

By Chris Dixon



Cyril Oliver Box



The sixth of nine children of Matthew and Rebecca Box, Cyril was born in 1887 at Rose Cottage, Blackborough End. He attended Middleton School, then established a business as a hawker, selling household goods in the local villages and was also a smallholder.

In 1913 he married Mary and they moved to Water Lane, where they had three children.



His conscription papers arrived in July 1916 and he went to France with the 6th Northamptonshire Regiment in August 1917 and for the next year he would have seen a great deal of action.

During August 1918, the Germans were in retreat and Cyril's Battalion had been making regular local attacks on them. Towards the end of the month, the enemy were pushed out of the village of Combles, east of Albert on the old Somme battlefield, but the Northants came under heavy machine gun fire and Cyril was hit in the neck and shoulders. He was taken to a Casualty Clearing Station, but died soon after.

In his last letter home, he had said that he was expecting a home leave shortly. His brother Vincent, a farrier, survived the war.

Frederick Charles Chilvers

Frederick was born in 1899 to Charley and Maggie Chilvers and the family lived in Wormegay Road. Charley was a self-employed carpenter, but in 1901, aged only 36, he died. In

1905 Maggie was re-married to Walter Bailey, a railway plate layer and the new family moved to a cottage near the smithy in Tower End where two daughters were born. Frederick attended Middleton School, then found employment as under dog-trainer for Mr Ramsden at Middleton Towers.

Reaching 18 in 1917, Frederick was called up and joined the 10th Queen's, Royal West Kent Regiment.



On 21st May 1917, the Battalion were on routine trench duties at Zillebeke, near Ypres, when an exploding shell injured him in the shoulder. He received hospital treatment in France then returned to his duties.

Towards the end of August, there were signs of a general enemy retirement and regular harassing raids were made. On 4th September, during a local attack, Frederick was one of thirteen killed. He was 19. He has no known grave and is commemorated on the Tyne Cot Memorial to the missing.

Alfred Martin Steward

LOCAL CASUALTIES.
PTE. A. M. STEWARD.
As reported last week, Pte. A. M. Steward, Norfolk Regiment, second



son of Mr. and Mrs. Steward, of Hardwick, was killed in action on 18th September.

The Stewards were a farming family whose address in the records is described variously as Hardwick, Mintlyn and 'Cottage in Woods'.

A farm labourer, Alfred joined the 9th Norfolk Regiment during the war and by August 1918, he was serving in the Ypres sector. In early September his Battalion went

Continued on next page ►►

south by train to take part in the pursuit of the retreating German army, in what became the Battle of Epehy.

At quarter past midnight on 18th September, they began the five hour march to their forming up position, a few miles north west of St Quentin. In addition to the rain and mist during the march, they were shelled and gassed as they approached the front and many of them lost their way. Only a small number were able to start the attack, but the stragglers joined them as they arrived. Very little progress was made, owing largely to a machine gun on their right which should have been taken in a French advance, which failed to take place.

Alfred was one of the 28 Norfolks killed that day. His younger brother had been killed in May and another brother survived the war.

George H Back

Lance Corporal, Grenadier Guards.

Died 27 August 1918. Buried at Mory Abbey Military Cemetery, Pas de Calais.



[Editor's Note: This information is taken from the East Winch & West Bilney Community Project web-site.]

KING'S LYNN WOODTURNERS CLUB

The club meets in Middleton Village Hall on the **second Wednesday of each month at 7:30pm**. The club welcomes new members and if you would like further information please call them on 01553 841294.

If you like other arts and crafts, why not give woodturning a go?

St. Mary's Church, Middleton



Harvest Supper Saturday, 6 October Middleton Village Hall 7 pm for 7.30 pm

Please bring plates, cutlery and alcoholic drinks if desired.

Soft drinks and coffee will be available

In aid of St. Mary's Church
£12.50 per ticket

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TAKE A BREAK

Here's a quick Sudoku puzzle to do with your tea or coffee break. Each row and each column must contain the numbers 1 to 9 and so must each 3x3 box. Solution on Page 19.

						4		
			6		7			
		5			8			2
	5		7	9	6	2		
	7		8			9	1	
		4				5		
	4	7	6					3
8			2	4	7			
		2		9		1		

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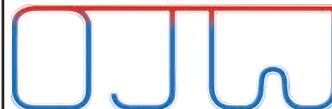
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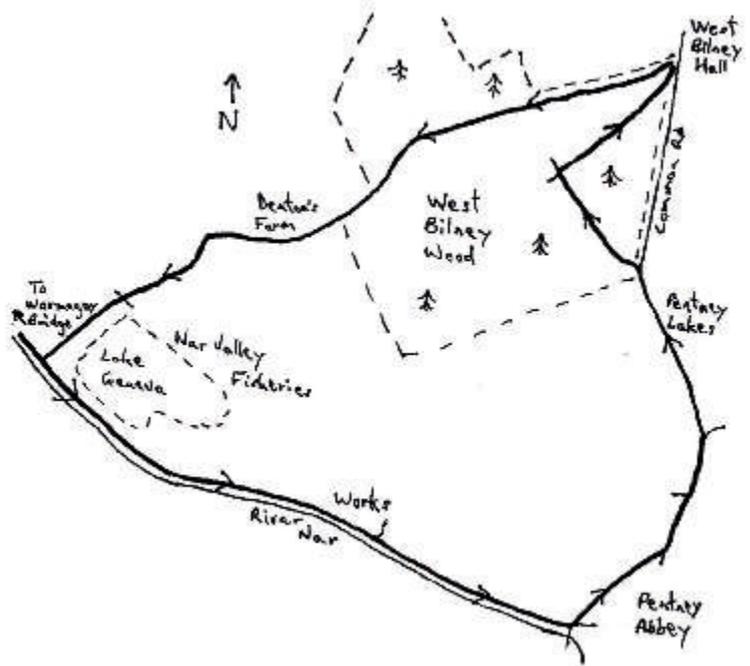
Another Run, Another Walk

by Stewart South

I hope it's what you have been waiting for, so here goes with another one of my runs which I believe makes an excellent walk. My running is to raise money for kidney research. Please see the end of this article to find out more. Meanwhile, please enjoy this walk.

Circular Walk Bilney Woods, River Nar and Pentney Abbey, just a smidgen over 4 miles and it is all public access.

Start near West Bilney Hall at the north-east entrance to West Bilney Wood, known to many as Bilney Warren. There is room to park your car, just off Common Road. This Forestry Commission land is all public access. Thanks to the Campaign Against Silica Extraction (CASE), East Winch Parish Council and others this land should now remain permanently accessible. You can walk anywhere in these woods, but I will steer you along the easiest routes.



Take the clearly defined major track in a south-westerly direction. The first property you come to is a newish house, Woodcroft, on your right. Carry on, going past Warren Cottage, and past Denton's Farm. Then there is a gate across the track, but don't worry, as you can open it and continue. As you go past the Valetta bungalow on your right the track becomes a (public) footpath. It snakes round to the left with fencing to the right which screens four Nar Valley Lodges. This path is cut regularly but can sometimes get a bit overgrown. After some yards the path opens up into a wider track, with the entrance to the Lodges on your right. Sometimes in spring you might be lucky enough to hear Nightingale singing in the thicket to your left. Continue straight ahead, under the powerlines and straight over the sandy crossroads (watch out for vehicles). You will see a large lake on your left and smaller lakes to your right, all part of Nar Valley Fisheries. Anglers have named the large stretch of water, Lake Geneva! You will come to a sandy T-junction. You are now at the north bank of the River Nar and you have joined the Nar Valley Way (long distance) footpath. Middleton Aggregates should be thanked for working with Norfolk County Council not so many years ago to get the north bank of the Nar from Pentney Abbey to Wormegay High Bridge designated as a public footpath, as well as making the path from Denton's Farm to the Nar a public right of way – both previously private. Turn left, south-east, with Lake Geneva on your left and the River Nar on your right.

(If you want to extend your walk to Wormegay High Bridge and back along the river bank – or indeed start from the bridge, as I often do – you will need to turn right, north-west. There and back will add 1.6 miles to your walk.)

Having turned left you are heading towards Pentney Abbey, past smaller lakes to your left and Poplar plantations across the river to your right. After the Tarmac works on your left, identified by heaps of sand and a chimney, the track goes off left, away from the river bank. That is private, so keep to the river bank with Pentney Abbey ahead of you. When you get to a footbridge over the Nar on your right, you will need to turn left, north-east, along a track. But if you want to be a little bit curious you can go straight ahead towards Pentney Abbey where you can get a closer view of the

Continued on next page ►►

restored 14th century gatehouse. Please note, the public footpath does not give you access to the gatehouse (the path continues to Pentney village) and it does NOT give you access to the front drive of Pentney Abbey.

Having re-traced your steps from the Abbey you are heading north-east along the track, bordered by hedgerows. At the end of the track bear left, north, on to a narrow road. (Behind you is the main entrance to Pentney Abbey, showing how to make an appointment for limited viewing of the gatehouse.) As you pass a green homestead on your left ignore the road on your left. Passing a bungalow on your left you come to the former Rising Sun pub on the corner of the road junction. You can tell it used to be a pub by the old iron inn sign bracket on the corner of the house – in the shape of a rising sun! Keep straight, north, along the road, past the Pentney Lakes complex on your right. After crossing over a stream you will see a sign on your left for West Bilney Wood. Enter here and go up the slope. Keep to the main track, north-west. After a few hundred yards you come to a forest crossroads, just before an avenue of gorse bushes. Turn right here, north-east, to return to the Start.

My Running and Fundraising. At 70 I'm running **7 key events** in 2018 to raise money for two kidney research charities, because both our sons had kidney failure. I donated a kidney to Joel, and Oliver received a kidney from an anonymous donor. My events are the Norwich Half Marathon (*completed*), King's Lynn GEAR 10K (*completed*) and the 26.2 miles of the Edinburgh Marathon on 27th May (*completed in 4hrs 27mins*), Marham 10K (*completed*), the Sandringham 10K and the Bedford Half Marathon in September, before the Amsterdam Marathon in October. Up to 8th July I have run 12 parkruns (my target was 7) and a total of 574 kilometres (356 miles), with my target for the year being 700 kilometres.

My two brilliant kidney research charities are **Addenbrooke's Charitable Trust** and **Kidney Research UK** and I'm trying to raise £1000 for each charity. I should be truly grateful if you feel you can sponsor me. Thank you so much to those of you who have already done so - I'm over halfway there! To sponsor me please call me on 01553 841267 or email stewart.ali@btinternet.com or make an online donation at <http://uk.virginmoneygiving.com/StewartSouth>

Thank you, Stewart

EAST WINCH PARISH COUNCIL MEETING, 2 JULY

By Nell Steele

Lisa Papworth reported that she had spoken to John Hussey at the Borough Council, and to people living round the play area, and that she and Samanda Davison had been to 4 other nearby play areas to see what they were like. There would be no funding from the Borough Council for play equipment, but grants can be applied for. Once it has been bought, they will maintain it.

Lisa had discovered various sources for further information. Samanda and Lisa are to draw up a 'Wishlist' of equipment, including a bench for minders. Keith Harrod reminded the Council that the play area is for under-14s

only. Cllr Jim Moriarty has since the meeting spoken to Mr Hussey, who will check whether the terms of the lease could allow the Parish Council to take ownership, form a Playing Field Committee, which could register as a charity and then apply for funds from a wide range of sources.

It was agreed that, to facilitate the consideration of planning applications, the Council should buy a projector and screen and that, where suitable, these could be lent to other local groups.

The clerk is to order a replacement to the broken street light at the Post Office corner now, but he told the Council that it would be nine months before it was erected. The cost is £1761. He will check whether we can claim on our insurance policy.

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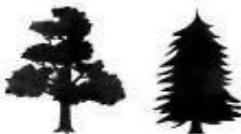


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Leziate, Ashwicken & Bawsey Women's Institute



We meet every 3rd Tuesday of the month from **2pm - 4pm at Leziate Village Hall** and welcome guests and new members.

At our meetings we have guest speakers who inform & entertain us on a variety of interesting topics or we have social activities such as games, quizzes, competitions & lunches.

June Meeting Report

Our president, Myrtle, welcomed 18 members to our meeting and introduced our speaker, Michael Upton and his colleague, Jane, who had come to talk to us about the work of The Samaritans.

Apart from dealing with delicate telephone calls from people of all ages, the Samaritans work alongside many organisations and provide support to them after traumatic incidents. Telephone calls which go through to the Samaritans Office in King's Lynn come from all parts of the country and the Volunteers take the calls 24 hours a day, 365 days a year. Samaritans can also be contacted via an email, text or letter which is computer-generated anonymously. Samaritans do not make decisions or give offers of advice to the callers, but support them in the choices they make. If the callers require specific advice, contact details can be given for organisations that specialise in helping with specific problems.

Refreshments were then served by Ali & Brenda. Birthday wishes and gifts were given to Eileen, Tracey, Janet, and Pauline.

The competition for an item beginning with 'F' was won by Wendy with Tracey, Sylvia, Heather and Violet tying for 2nd place.

Would you like to publicise your local event in the Parish News?

If so, please send details by e-mail to: editorofparishnews@gmail.com or by phone on 01553 849725. The deadline for the October/November issue is Friday, 14 September.

Business matters were then carried out and members were advised of the speakers the committee have organised for 2019.

Members were told of the plans Middleton had to commemorate the centenary of the end of World War 1. A knitted poppy pattern was distributed to those who were able to knit a poppy to go towards a tribute to the men of Middleton parish who lost their life during the war.

Future Meetings

There is no formal meeting in August, but we do have a trip to Hunstanton on **21st August**.

We return to our monthly meetings on **18th September** and welcome any newcomers or guests to our Harvest Tea.

If you would like to consider joining our friendly and informal group for future meetings please phone Ali on 01553 841267.



Needleworkers Circle

Fancy joining a sewing/knitting/craft circle? We are a very friendly & sociable group who would love for you to join us.

Where: Leziate Village Hall

When: No meetings in August, but we resume again on **11 September** 10am - 1pm and then every fortnight until mid-December.

Cost: £3.00

Please bring your own refreshments. Kitchen facilities are available. Toilets & free car-park. For more information please contact Joyce 01553 673949 or Jan 01553 841514.

VIEW THE PARISH NEWS ON-LINE

View the Parish News in colour on line at the Middleton Parish Council web-site. Go to the "Community" section of the web-site and you'll find the Parish News page with information on publication deadlines and downloads.

THE GATE INN

Quiz Nights first Tuesday of the month.

Themed Food Night

3rd Tuesday of the month.

Food served Tuesday to Saturday 12 till 2pm
and 6 till 8.30pm. Sundays 12 till 6.30pm.

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HARVEST SUPPER



**East Winch Village Hall
Saturday 15th September
6:00 for 6:30pm**

**Adults £12
Children under 12 free**

Tickets from:

Nell Steele	01553 840814
Wendy Smith	01553 842281
Margaret McKay	01553 841574
Janet Weavers	01553 840510
Jackie Ramsay	01553 842663
Shaun Dale	01553 630167

Menu

Starter

Tomato-Basil soup

Main Course

Spicy chicken curry served with rice
Vegetarian quiche or cold meat selection
served with jacket potatoes, mixed salad,
coleslaw, roll and butter

Desserts

Apple pie or cheesecake
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LAST NIGHT OF THE PROMS CONCERT

We are holding our 2nd annual "Last Night of the Proms" at Grimston Parish Church on **Saturday, 22nd September at 7.30pm.**

We will be having the rugby silver brass band for what promises to be a fun filled night of music and song.

Tickets will be on the door at £10 or for advance bookings please contact me on terencesamuel@hotmail.co.uk or telephone 0116 2674031 or Mobile: 07837 331023.

Samuel Bone



CRAFT & COUNTRY FAIR

Countdown has begun for the year's biggest event at the Magpie Centre, home of West Norfolk Riding for the Disabled Association.

Building on the success of last year's event, the **Craft and Country Fair**, to be staged at Wallington Hall, PE33 0EP on **Sunday, 19 August from 10 am to 5 pm**, promises to be even bigger and better, offering a massive range of displays and activities, including laser clay pigeon shooting, archery and pony rides, to suit all members of the family.

Crafts on display in the indoor school include 30 stalls offering popular items alongside less well-known products, such as pyrography, metal art and wicker baskets, plus a workshop showing how to use a spinning wheel.

The main arena will host displays including carriage driving and falconry, while the King's Morris Dancers will perform twice during the day.

Highlight of the day is the Lancaster flypast, subject to serviceability and weather conditions. Classic cars, bikes and tractors will also be on show, parading in the main arena during the afternoon.

Children are well catered for too, with a range of games and activities, and a variety of food outlets plus a licensed bar and vintage teashop will ensure that nobody goes hungry.

Admission is £15 for a family (two plus two), £5 for adults and children over 5, concessions £4, and under 5's Free. All tickets entitle the holder to enter a Prize Draw, the winner of which will fly in a Dragon Rapide, wing-to-wing with a Spitfire, the iconic 'war bird' of World War 2. Terms and Conditions apply.

Visit the **Magpie Centre Open Day on Sunday 23 September, 11 am – 2 pm**, also at Wallington Hall. This is your chance to meet our horses and ponies, enjoy riding and carriage driving displays, and to enjoy pony rides and a variety of games. **Admission is free** and there's plenty of parking.

We look forward to seeing you at the Fair or Open Day - or both! **NO DOGS** admitted, except service/assistance dogs.



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“Open the Book” Training

About ten people from this benefice, along with visitors from further afield, attended a training day to learn more about this way of enabling Primary School children to engage with Bible stories. There is a fixed format, and all words are taken from the Lion Book of Bible Stories, so that teachers know exactly what will be going on and how long it will take (about 10 minutes). Participants - the team and children - dress up; there are props such as stuffed animals, daggers of the non-sharp kind, and wafy blue material to represent water.

First we were told the rules, and child protection was discussed. Then we looked at a couple of stories and how to bring them to life. Lastly, in two groups, we performed a story with props and costumes.

This was all good fun and it should be most rewarding to bring Bible stories to children in this way. The hard part will be the preparation of props and costumes and a bit of rehearsal. We also need a team of 12 or more people, the aim being to provide fortnightly assemblies at both Middleton and West Winch schools - that's once a week, and not everyone will be able to commit to that extent. So please would anyone who would like to know more get in touch with Riaz. Many thanks to Irene Nickerson, who led us through the training in a relaxed but thorough way.

Middleton Church of England Primary Academy

Since the meeting we have arranged to start at Middleton on 21st September, with the story of creation. Can you please help us?

Seamstresses, artists, creative people to make simple props for a storytelling team from Parishes in Middlewinch (West Winch with Setch, East Winch with West Bilney, Middleton and North Runcton). Perhaps you have something suitable for a Bible story. For example a crown, a donkey, fig leaves, tunic

(adult and child sizes) or an old curtain??? The stories come "alive" with something to illustrate the picture so if you have imagination or maybe something in the back of the cupboard which may come in handy we would love to hear from you.

Props needed from the start of the Autumn term in September. Please contact the "Open the Book" team on 01553-841236 (Amanda).

Just Dual it!

Norfolk County Council is campaigning for the dualling of most of the Norfolk end of the A47 and recently announced that the road would be dualled between Tuddenham and Norwich.

When I contacted them to ask whether West Norfolk was being considered, the Communications team replied that they needed the public to add pressure to help them get more funding for this part of the county. They sent me some postcards for people to fill in and return to them.

No doubt many people will want to express the urgent need for a bypass. The postcards are available at East Winch Post Office and at reception in the Borough Council office, and if anyone in Middleton would like some to hand around I will happily deliver some to them (Tel: 840814).

Nell Steele

SUDOKU SOLUTION

(From Page 9)

5	2	1	7	8	3	9	4	6
3	8	4	9	6	2	7	1	5
7	6	9	5	1	4	8	3	2
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1	9	8	4	2	6	3	5	7
9	4	7	6	5	1	2	8	3
8	1	3	2	4	7	5	6	9
6	5	2	3	9	8	1	7	4

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MIDDLETON & DISTRICT ROYAL BRITISH LEGION

Everyone is welcome to join us on **Sunday, 9th September** for our Battle of Britain Luncheon, West Winch Village Hall, 12 noon for 12.30pm. To book a place please contact Lilian Fisher on 01553 841852 or by email at lilianfisher@talktalk.net.

Proceeds from the raffle will go to the Middleton & District Branch of the RBL. Donations of raffle prizes greatly appreciated.

Middleton & District RBL members are invited to attend the Branch Annual General Meeting on **Monday, 1st October** at the William Burt Social Club, starting at 7.30pm.

FRIENDSHIP CLUB



If you are 50+ you are most welcome to join in the activities of the Friendship Club, which meets at 2pm on the first Wednesday of the month. **New members very welcome.**

1 August: Visit to Sandringham at 1.00pm

5 September: Visit to Dents Garden Centre at 11.30am

Further details, including information on venues for club meetings, from John Turtle (840280) or Pauline Crump (840053).

Middleton Badminton Club

Play badminton most Monday evenings (not Bank Holidays) at the Village Hall from 7pm to 9pm. The club is friendly and always welcomes new members. Contact Nigel Gray (01553 841541) for more information.

Lunch Club usually meets on the 2nd Monday of the month at Middleton Hall Golf Club at 12.00 for 12.30pm.

For further details contact Olive Turpin 840623.



Mothers' Union News

There will be no meeting in August. Our next meeting will be on Tuesday, 18 September at Church Farm at 7.30pm. Our speaker will be from the Norfolk Hospice Tapping House telling us of the various aspects of their work.

Old and new friends are welcome to join us for this and our usual refreshments..

Hilary Hickman

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Community Car Scheme

The Community Car Scheme is to help villagers who have no transport, who are elderly or disabled to attend at local doctors' or dentists' surgeries, opticians, health clinics or to keep hospital appointments.

A small charge is made to cover petrol expenses. If you require help or further information, or if you wish to volunteer help in any way, please contact Colin Skipper on 842448.



Cameo Café

There will be no meeting August. We will resume in September on the 2nd and 4th Wednesday of the month at 2:30pm in Middleton Village Hall.

Do join us - and the bowlers - for a cup of tea, cake and chat. There is no charge but donations are welcome for running costs.

Hilary Hickman



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Church Services for August & September

Sunday, 5 August

10.00am **Middleton** Benefice Eucharist

Sunday, 12 August

9.30am **W Winch** Holy Communion

10.30am **E Winch Village Hall** Morning
Worship

11.15am **Middleton** Holy Communion

11.15am **N Runcton** Holy Communion

Sunday, 19 August

9.30am **W Winch** Holy Communion

11.15am **Middleton** Morning Praise

11.15am **E Winch** Holy Baptism/Communion

6.00pm **N Runcton** Evening Prayer

Sunday, 26 August

8.00am **W Winch** Holy Communion

10.00am **W Winch** Morning Praise

10.30am **E Winch** Morning Prayer

11.15am **Middleton** Morning Prayer

6.00pm **N Runcton** Evening Prayer

Sunday, 2 September

10.00am **E Winch Village Hall** Benefice
Eucharist

Sunday, 9 September

9.30am **W Winch** Holy Communion

10.30am **E Winch Village Hall** Morning
Worship

11.15am **Middleton** Holy Communion

11.15am **N Runcton** Morning Prayer

Sunday, 16 September

9.30am **W Winch** Holy Communion

11.15am **Middleton** Morning Praise

11.15am **E Winch** Harvest Holy Communion

6.00pm **N Runcton** Evening Prayer

Sunday, 23 September

8.00am **W Winch** Holy Communion

10.30am **E Winch** Morning Prayer

11.15am **Middleton** Holy Communion

11.30am **W Winch Village Hall** Harvest Service

6.00pm **N Runcton** Holy Communion

Sunday 30 September

10.00am **W Winch** Benefice Eucharist

Morning Worship is held each Wednesday morning at 9.30 am at Church Farm. All are welcome to join us to pray for the needs of the village and then enjoy a cup of coffee.

OLD MOBILITY SCOOTERS AND WHEELCHAIRS NEEDED

Any condition, not working, old. All can be of help.

These are sent to Brighter Future Mobility (see their website) and are renovated or used for parts by their team of disabled teenagers who gain valuable skills in their lives. The equipment is then provided to change the lives of disabled people.

We will collect any you can donate.

Call Adrian on 01553 841684 for any further information.

Mobile Library Timetable

The Mobile Library timetable for our area is as follows:

MONDAYS – normally every 2 weeks. Next visits on:

13 August; 10 & 24 September

Middleton

Village Hall 09:40 - 10.05

Fair Green

Park Hill Estate 10:10 - 10:30

Graham Drive 10:35 - 10:50

Gate Inn 10:55 - 11:10

Middleton

42 Hall Orchards 11:15 - 11:25

88 Walter Howes Crescent 11:30 - 11:45

St Mary's Court 11:50 - 12:00

East Winch

Gayton Rd - Opp Windyridge 14:20 - 14:30

Town Close 14:35 - 14:45

47 Town Close 14:50 - 15:00

Village Sign 15:05 - 15:15

Blackborough End

The Green 15:20 - 15:30

The Firs 15:35 - 16:00

TUESDAYS – normally every 4 weeks. Next visits on:

7 August, 4 September & 2 October

North Runcton

The Green 10:15 - 10:35

The Foldgate 10:40 - 10:55

PARISH CONTACTS

CHURCHES:

Priest-in-Charge: Rev Riaz Mubarak 01553 841519 E-mail: rev.riaz.mubarak@gmail.com

Middleton St Mary's

Churchwarden: Vacant

PCC Secretary: Vacant **Treasurer:** Mrs Christine Minister 840559

North Runcton All Saints

Churchwarden: Mary Angelina 841519 and Mr K Matthews 842265

PCC Secretary: Mrs Ann Matthews 842265 **Treasurer:** Mrs Maggie Challis 842540

East Winch All Saints

Churchwardens: Mrs J Weavers & Mrs W Smith

PCC Secretary: Mrs J Weavers 840510 **Treasurer:** Mrs W Smith 842281

PARISH COUNCILS:

Middleton (www.middleton-news.co.uk)

Clerk: Elaine Oliver Tel: 630655 E-mail: middletonparishcouncil14@gmail.com

Councillors: Chair: Mick Porter 841427; **Vice Chair:** Val Ward;

Mrs M Applegate; Mrs E Barclay; Mr T Hewitt; Mr C Samuels; Mr R Smith; Mr J Tolley; Mr M Wiles; Mr Z Wiles Van Dyke.

The Council meets on the first Wednesday of the month (except August) in the Village Hall at 7pm.

North Runcton (<http://northrunctonpc.norfolkparishes.gov.uk>)

Clerk: Rachel Curtis Tel: 673043 E-mail: northrunctonparishclerk@outlook.com

Councillors: Chair: Mr R Morrish Tel: 840284; **Vice Chair:** Miss K Fuller;

Mr L Davies; Mrs A Dobbing; Mr J Fuller; Mr B Houchen; Mr K Longhurst; Mr L Stevens; Mr P Yallop.

The Council meets on the second Tuesday of each month (except August) at 7.45 pm at the Village Meeting Place.

East Winch (www.eastwinchandwestbilney.co.uk/parish-council)

Clerk: Bob Pannell Tel: 775724 E-mail: bob.pannell1@btopenworld.com

Councillors: Chair: Mrs N Steele; **Deputy Chair:** Mr K Harrod;

Ms S Davison; Mr M Place; Mr N Velzeboer; Mr A Wilson; Mr D Wright; Mr A Yarham

The Council meets every other month, normally on the first Monday of the month, at 7.30 pm in the Village Hall.

Borough Councillors: **West Winch Ward:** Bal Anota Tel: 07885 258442 & Peter Gidney Tel: 07885 258450. **Priory Ward:** Jim Moriarty Tel: 01760 755623

Other Contacts:

Badminton Club	Nigel Gray	01553 841541
British Legion	Judy Close	01553 840823
Car Scheme	Colin Skipper	01553 842448
Carpet Bowls Club	Peter Wall	01553 840471
East Winch Village Hall	Amanda Hart	01553 841236
Friendship Club	Mrs P Crump	01553 840053
Lunch Club	Olive Turpin	01553 840623
Middleton Village Hall	Mrs P Petch	01553 842149
Mothers' Union	Gillian Boon	01553 840320
N Runcton Village Meeting Place	Rachel Curtis	01553 673043

Editor: Chris Hudson; E-mail: editorofparishnews@gmail.com or call 01553 849725. Views expressed in the magazine are not necessarily those of the Editor. **The deadline for the next issue (October/November) is Friday, 14 September.**