



# PARISH NEWS

APRIL & MAY 2020

MIDDLETON, NORTH RUNCTON & EAST WINCH

## OUR COMMUNITY AND CORONAVIRUS

The Parish News does not usually feature national news stories, but this is different. The current major threat from coronavirus is in truth a very local story. It affects us all as individuals and it affects our community.

This section of the front page was due to carry an item about North Runcton's plans to celebrate the 75th anniversary of VE day on 8 May. On that day 75 years ago, people across our country celebrated victory after a very different national struggle and sacrifice. Unfortunately, but understandably, the Parochial Church Council and Parish Council have concluded in the light of the latest government advice that their planned celebrations must be cancelled.

As usual, this edition of the Parish News carries many items about other planned local events in April and May. These events range from meetings and coffee mornings through to sporting activities and church services. At the time of going to press, it seems very likely that many of them may not take place as advertised. Readers are asked to check as necessary with organisers nearer the time of each event.

These are unprecedented times. It is obviously essential that we all follow the latest government health advice which is bound to evolve over the coming days, weeks and months. But where we

can safely do so, we can also come together as a community to fight the spread of coronavirus and help each other to deal with its impact. As no doubt is already happening, neighbours can keep an eye out for each other and find ways of safely helping with shopping or other daily tasks. And our local businesses need our support in very challenging times.

Stay safe and I hope that the Parish News can soon return to its normal role of delivering information about local events and local people.

*Chris Hudson*, Editor

## Middleton Coffee Mornings



St Mary's Church, Middleton are resuming their Coffee Mornings. The first one will be on **Saturday 2nd May from 10am to 12 noon** and then on the first Saturday of the month through to September.

Please come and join us to meet up with friends, have a coffee, buy Eileen's delicious home made cakes and preserves, rummage through John's Bric a Brac, seek out plants for your garden and help to raise funds to keep our ancient church building safe and dry!

# WEST WINCH BOWLS CLUB



Members of the bowls club will celebrate the "Glorious 18th" now that April is upon us. The "Glorious 18th" is the day in April that our 'Green' will open for the 2020 season! It's been a long winter so now it's time to get them Woods dusted and polished ready for the Opening Roll Up at **2pm on Saturday 18th April**. Chairman David Bull will contribute in the opening ceremony with words of welcome, and in true bowls tradition, our President (Ken Manning) will bowl the first wood of the new season. Ken's action will signify that our Green is now open.

The Secretary, Kevin Evans has been busy compiling the fixture programme, ably assisted by the Team Captains - Ken Manning, Stan Watkinson, Jim Grant and David Bull. This year we shall field teams in the EBA, Middleton,

Albert Victor and the Silver Jubilee leagues. The committee decided not to play in the Downham Triples this coming year thus to relieve congestion problems caused by other league fixtures.

In preparation for the opening roll up and the forthcoming season, Ken Manning and his team (Geoff Nunn, Jim Grant, Brian Parker, David Beckett) have been busy preparing the Green. Lawn sand has been laid. Spiking operations as well as the first mow of the season has been carried out. The pavilion has undergone a facelift under the direction of David Thompson and his two sons. A complete redecoration and a new carpet has already transformed the pavilion. New curtains/ blinds have yet to be installed.

Membership for the forthcoming year is now due and can be paid to the Treasurer (Jim Grant) at will. The membership is being held at only £17 for a full year's use of the Green. The club seeks new members from the local community and surrounding villages. Here in West Winch we have a Green which is "second to none", and can boast of a thriving, friendly club and superb facilities, so why not come along and give it a try once the season opens. All you need is a pair of flat shoes with no heel. Bowls and tuition will be provided. Age and gender do not constitute a problem.

# TOTAL Motors



**01553  
841263**

MOTs  
Servicing  
Tyres  
Brakes

Exhausts  
Timing Belts  
Steering  
Suspension

All repairs to all cars  
8.00-5.30 Mon-Fri  
8.30-12.00 Sat



Totalmotors.co.uk

## Nar Valley Ornithological Society (NarVOS)



Indoor meetings **will take place, subject to government advice**, at the Barn Theatre, Sacred Heart Convent School, Swaffham. Access and parking from Sporle Road.

### **Birding Madagascar with Paul Fuller Tuesday 28th April, 7.30pm**

Madagascar is sometimes called the Old-World Galapagos, or even the eighth continent. It has many unique species and has become one of those "must visit" destinations for wildlife enthusiasts. Paul Fuller (NarVOS member) visited Madagascar last year in search of the many endemic birds and his talk shows some of the special birds seen as well other wildlife, in particular some of the numerous lemurs.

### **Breeding Barn Owls in Norfolk with Ronny Steen Tuesday 26th May, 7.30pm**

Ronny Steen from Norway is doing research work on Barn Owls in Norfolk. Ronny is from the Norwegian University of Life Sciences and he has been monitoring Barn Owls and the feeding of their young in the NarVOS area. Ronny has researched many predator species across Europe, sometimes involving the use of radio tracking and cameras. We look forward to welcoming Ronny to our NarVOS meeting.

Visitors most welcome at these meetings. Admission £4 on the night if you are not a NarVOS member. For more information about this meeting or NarVOS call Ian Black on 01760 724092.

## **HOW TO REPORT FLY TIPPING**

The Borough Council is responsible for dealing with fly tipping and have a new on-line reporting system. To report an incident of fly tipping, please use the following link:

<http://www.west-norfolk.gov.uk/default.aspx?page=21512>

## **PLEASE HELP DISTRIBUTE THE PARISH NEWS IN MIDDLETON**

As readers will know from previous appeals, the Parish News is distributed free to households in Middleton, North Runcton and East Winch. We could not do this without our dedicated volunteers, all of whom are crucial to the viability and future of the magazine.

Distribution is a two stage process. First, the copies are collated into "bundles" of various size and delivered to our network of local distributors. The second stage is for those distributors to deliver the copies to individual houses on their route.

We urgently need the help of **two new volunteers** with their own transport to assist with the first stage of that process. Six times a year, the "bundles" need to be collected from Church Farm after 12.00 noon on the last Thursday of the month. The "bundles" need to be delivered as quickly as possible to the local distributors so that the magazine can be distributed to individual homes by the end of the month. Although it could all be done by one volunteer, ideally it would be better to spread the load and have two people, one to deliver 15 bundles to distributors from Station Road and Fair Green to the A47 and a second driver to take 9 bundles from School Road to Blackborough End.

In addition, we need a **local distributor** to deliver 12 magazines in Park Hill. The lady who has delivered them for 20 years is approaching her nineties and has difficulty walking. Can anyone who lives in this area please help?

If you are able to help, or would like any further information about what is involved, please contact me by phone (01553 840320) or email ([gillian.boon@gmail.com](mailto:gillian.boon@gmail.com)). Your help would be very much appreciated by the whole community. Many thanks in advance.

*Gillian Boon*

### **VIEW THE PARISH NEWS ON-LINE**

View the Parish News in colour on line at the Middleton Parish Council web-site. Go to the "Community" section of the web-site and you'll find the Parish News page with information on publication deadlines and downloads.



## VOLUNTEERS NEEDED

The Magpie Centre, home of WNRDA, now has 90 volunteers, who give up their time on a regular basis to help with the running of the yard, pony care and assisting with riding and carriage driving lessons.

However, more able-bodied volunteers are still needed on Tuesdays, Wednesdays and Thursdays to help with carriage driving lessons. Duties would include loading the participants' wheelchairs on to the carriage and following behind in a buggy to escort the carriages. No previous experience is required as training will be provided. If you can help with this, please call the Centre on 01553 810202.

### TEA WITH A PONY SESSIONS START AT MAGPIE CENTRE

Following a successful pilot session last November, the first Tea with a Pony event is

scheduled to take place at the Magpie Centre, home of West Norfolk Riding for the Disabled Association, at Wallington Hall, South Runcton, PE33 0AP on **22nd April**. These sessions are planned to take place every month during the summer.

Designed for people living with dementia, and their carers, the session will include tea and cakes, plus the chance for participants to meet and greet some of the ponies and view the wheelchair-friendly carriages which are used in carriage driving lessons. There will also be a 'sensory table' with items of tack and grooming kit for participants to handle and to provide a stimulus for conversation.

The cost is £10 per participant and carer, so if you or anyone you know would like to attend, please call the Centre on 01553 810202 to register your interest.

Volunteers are also needed to make and serve tea and cakes, so if you can help with these tasks, your assistance will be warmly welcomed.

## LOUIE'S HAND CAR WASH AND TYRES

CARS START from £7  
MINI VALET from £30  
FULL VALET from £70

NEW AND PART WORN TYRES

PUNCTURE REPAIRS



OFFICIAL FLOGAS  
LPG STOCKIST

### OTHER SERVICES

Building & Garden Maintenance

Painting & Decorating

Cleaning Services

- Patios • Roofs • Driveways
- Guttering • Conservatories

A47 Lynn Road, Middleton  
(Next to Total Motors)

Office: 01553 841000 Mobile: 07799 877376  
Open 7 days a week 8am to 6pm

**Loneliness and social isolation can be as harmful as smoking 15 cigarettes a day\*.**



**Do not suffer alone. We are here to help.**

To find out more, call us on 01553 616200 or visit [asklily.org.uk](http://asklily.org.uk)



\*According to figures from [campaigntoendloneliness.org](http://campaigntoendloneliness.org)

2049-33-BW

# Middleton Parish Council Chairman's Report

By Mick Porter

The provision of a footpath at the allotment field is still under discussion.

A tree survey within the parish will be carried out to determine if there are trees that need protection orders placed on them.

The installation of the defibrillator at the Village Hall is imminent. Once this is carried out it is hoped that there will be an opportunity to publicise the fact in the local press.

The installation of a fence around the allotments is being proposed as the existing fencing is piecemeal and in the main consists of old pallets. Quotations have been received and a final decision will be made at the April Parish Council (PC) meeting.

The battery in one of the Vehicle Activated Signs (VAS) has failed, the VAS was the one donated by Sibelco. They will be approached to see if they are willing to provide a replacement battery.

As usual, Simon Nash and Peter Gidney, our Borough Councillors attend the meeting. Both councillors expressed concern over the proposed building of 300 houses adjacent to the A10 as a roundabout is also being proposed at the site.

With traffic on the A10 already at a peak, a roundabout would only make matters worse. It is feared that there will be a rat-run via Setch Road, Sandy Lane and School Road.

Since his election Graham Middleton, our County Councillor has not attended any of the PC meetings. This is very disappointing as it means the PC has no idea what is happening at County except what is in the press.

The large puddle adjacent to the new bus shelter in Station Road will again be reported to the Norwich County Council (NCC) Highways. The puddle is the result of damage caused by lorries using the road.

## West Norfolk Lawn Tennis Club (North Runcton)



3 Superb Grass courts and 2 all weather hard courts. There are club nights twice a week and tournaments throughout the year, including Tennis Week.

Annual Membership prices are:

Adult £60

Under 11 £10

U18 £20

U24 £30

Family £100 (2 adults and up to 3 children)

Club nights are Tuesday and Thursday 6-8pm and Sunday morning 10-12. Come along and join us.

Please contact Sam Fuller by email for a membership form [samfuller297@gmail.com](mailto:samfuller297@gmail.com)

## COMMUNITY CAR SCHEME FACES CLOSURE

The Community Car Scheme urgently requires new drivers if the scheme is to continue to operate. The scheme has for many years provided a vital service to local people who need transport to get to various health care appointments with doctors, dentists, opticians and at the hospital.

The scheme depends on a supply of local drivers willing to give up some of their time to help their neighbours get to and from these important appointments. A mileage allowance is paid.

If you can help, you will be making a huge contribution to our local community. For more information about what is involved, please contact Colin Skipper on 01553 842448. Thank you for your support!



**MIDDLETON HALL  
GOLF CLUB**

Open to everyone  
**Traditional Sunday Lunch**  
£9.95  
12.30 - 2.00pm



## Homemade Lunchtime Specials

Monday to Saturday 12.00 - 2.30pm

## Function Room Hire

Wakes/funeral gatherings  
Business & conference meetings  
Anniversaries, birthdays, weddings

Easy access, large car park,  
superb catering and great views

**Call 01553 841800  
to book a table**

Middleton Hall Golf Club, Hall Orchards,  
Middleton, King's Lynn PE32 1RY  
[enquiries@middletonhallgolfclub.com](mailto:enquiries@middletonhallgolfclub.com)  
[www.middletonhallgolfclub.com](http://www.middletonhallgolfclub.com)

## W A Rudd & Son

Coal Merchant  
Middleton Blackborough End

Coal and smokeless fuels  
supplied for all appliances:  
Roomheaters, Multi Fuel Stoves,  
Open Fires, Boilers & Woodburners.

**Tel: 01553 841218**



## Claire Dallas Podiatry



**HCPC Registered Podiatrist/Chiropodist**  
Full range of expert Chiropody and Podiatry  
treatments

**Over 30 years NHS & Private Practice Experience**  
Corn/Callus removal Nail care/nail surgery Verrucae  
Diabetic foot assessment, treatment & advice  
Biomechanics, Gait Analysis & Orthotics  
Lower limb sports injuries & kinesiology taping  
Forefoot pain, plantar fasciitis, tendonitis, shin splints

**Energise Pentney Fitness & Spa,  
Low Rd, Pentney PE32 1JF**

**Appointments: 01760 338933**

Email: [footcredible@gmail.com](mailto:footcredible@gmail.com)

[www.clairedallaspodiatry.com](http://www.clairedallaspodiatry.com)

Claire Dallas-Goncalves MCPod DPodM HEdCert



## Calling all dog lovers!

Could you please spare 1 hour a week to walk  
an elderly person's dog?

The Cinnamon Trust urgently needs volunteer  
dog walkers in this area and you can make  
such a difference to the life of an elderly  
person and their canine companion.

For more details about local people and their  
dogs who need your help, please contact:

**[www.cinnamon.org.uk/volunteers](http://www.cinnamon.org.uk/volunteers)**

**Email: [appeals@cinnamon.org.uk](mailto:appeals@cinnamon.org.uk)**

**Tel: 01736 758707**

Registered Charity 1134680

## KING'S LYNN DECOR

- Painting and Decorating
- Wallpapering & Tiling
- Coving & General Maintenance
- Plastic Guttering and Fascias
- Free Estimates: and OAP Discounts



Paul Archer 31 River Walk, West Lynn

**Tel: 01553 767709**

**Mob: 07967 217981**

# East Winch Parish Council Meeting, 2nd March 2020

By Nell Steele

The Parish Council has been depleted by 2 recent resignations. Both former councillors will be much missed, and we are very grateful for the work they have done over the years.

There are now only 4 councillors and the need to co-opt more is urgent. The Clerk informed the meeting that if there were so few that the meeting wasn't quorate, the Borough Council could appoint its own representatives. While this would enable the Council to continue, the appointee might have less understanding of the affairs of this village than local people.

Please consider serving your local community as a Parish Councillor. If you might be interested, please contact our Clerk, Bob Pannell (Tel: 01553 775724 or email: bobpannell1@btopenworld.com) for more information.

A report was received from The Friends of East Winch and West Bilney. Their fundraising had raised £2500, and a local employer had made an informal but very favourable offer. They were going to continue fundraising locally, but also will apply to big funders such as the Lottery. Their next event would be a Mind, Body and Soul day on 25th April.

Parishioners had complained that some buses don't stop at the Old Maid's Head and that there is no longer a bus stop sign or timetable at the stop on the opposite side of the road. The chair said she'd written to Highways England about the bus stop sign and they had replied saying it was the responsibility of Highways Norfolk. Accordingly, the reply has been forwarded to them.

The clerk had queried a previous communication from Highways Norfolk refusing to put up a Slow sign on Paws Lane, West Bilney. Regrettably, they refused again.

We discussed how to safeguard the telephone box library. The policeman dealing with the complaint had advised a wildlife camera, but it seems there is a law against filming on the

highway, and there could be legal difficulties if, for example, a minor was filmed. A parishioner attending the meeting agreed to check whether a lock would be effective.

The next meeting of the Parish Council is on Monday, 18th May. Annual Parish meeting at 7 and council meeting at 7.30.

## NORTH RUNCTON CHURCH NEWS

### COFFEE MORNING

**on Saturday, 16th May 10am -12pm**  
At 16 Cedar Grove home of Sam and John

Come along and enjoy homemade cakes and a friendly chat.  
There will be a raffle.

**25th FLOWER FESTIVAL**  
**All Saints Church North Runcton**  
**Friday 12th June - Monday 15th June**

**Church open daily 10am-5pm**

On Friday the Bishop of Lynn will be opening the concert at the church at 7:30pm, followed by Karen singing- then over to the VMP for supper  
Ticket £10  
From Ken: 01553 842265  
Lynda: 01553 840553

Saturday and Sunday stalls in churchyard- cakes, bric-a-brac, Tombola, books etc  
And Raffle in the church  
Any items for stalls are much appreciated  
Refreshments available on Saturday and Sunday in the Village Meeting Place, including Light lunches and homemade cakes  
Organists will be playing in the church on Saturday  
Songs of Praise Service on the  
**Sunday at 6pm**

If anybody would like to help in any way over the weekend, or to help with the decorating of the church on Wednesday and Thursday please come along and join us.  
We will also need lots of greenery

Please contact Lynda 01553 840553.

# BADGERS CATTERY AND GROOMING PARLOUR

FOR COMPLETE PEACE OF MIND

TELEPHONE: 01945 780691

- Family run business guarantees personal care and attention at all times
- Fully insured and 5 star rated by Local Authority
- No extra charge for administering medications
- Small animal boarding available

 badgerscatteryandgroomingparlour  
 badgerscattery@yahoo.co.uk  
[www.badgerscattery.com](http://www.badgerscattery.com)

Gooses Lane, Walpole St Andrew,  
Wisbech, PE14 7JR



## THE ORANGE TREE HAIR SALON

56 Back Lane West Winch

EXPERIENCED & FRIENDLY STAFF

UNISEX LATE NIGHTS

HAIR-UP AVAILABLE

MANICURES PEDICURES

CALGEL NAIL TECHNICIAN

TEL 01553 840464



From cupcakes large or small to birthday and celebrations... There's never an excuse not to eat cake! Please get in touch with **Marie** for any details on any kind of cake.

Phone: 07799 315889

Email: [george.km@btinternet.com](mailto:george.km@btinternet.com)

Based in Blackborough End - [Find us on](#) 

## R&B

TURF & GROUND CARE MACHINERY SPECIALISTS

The Workshop, Marsh Farm,  
Wolferton, King's Lynn, PE31 6HB

Tel: 01485 540645

**We mend - You mow**

**Sales ~ Service ~ Repairs**

**All types of garden machinery**

# AF

## Andrew Francis Funeral Services

25 London Road, King's Lynn  
Tel: 01553 762242

*Award Winning Independent Family Funeral Director  
Offering you a 24 hour 7 days a week professional personal service.  
Pre paid or Pre planned Funerals available*

## M. J. Richer

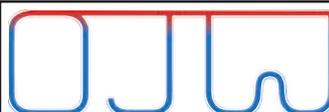
Carpenter and Joiner

All Aspects of Carpentry & Joinery Work Undertaken  
Specialists in Period Properties

Lynton, School Road, Middleton, King's Lynn, Norfolk

email: [mj.richer@btinternet.com](mailto:mj.richer@btinternet.com)

Tel: 01553 841771 • Mob: 07798 615144



Plumbing & Heating Services

*"For all your plumbing, heating and bathroom needs"*

Domestic & Commercial Services

For A Free Quotation

Contact Ollie on;

**07778 524833**

[info@ojwservices.co.uk](mailto:info@ojwservices.co.uk)

-Boiler install, servicing and breakdowns

-Central heating install and upgrades

-Full bathroom install and refurb

-Landlords gas certificates



## SOLE COMFORT

Foot Care



Providing all aspects of foot care in the comfort of your own home. Fully insured. TCFCP DIP

- Nail Trimming
- Filing
- Corn removal
- Hard skin reduction
- Verrucae
- And much more.....

Phone Debbie:

**07538 377145**

Covering King's Lynn and surrounding areas.

Find us on Facebook:

@footcarekingslynn

## NEED A WINDOW CLEANER?

WE ALSO CLEAN FASCIAS, GUTTERS, FRAMES, HARD TO REACH WINDOWS, CONSERVATORY ROOFS, SOLAR PANELS  
CALL NOW FOR A FREE QUOTE FROM

**PJ WINDOWS**

**01553 761985**

PROFESSIONAL WINDOW CLEANING SERVICES

EST. SINCE 1994 FULLY INSURED

King's Lynn Caravan & Camping Park, North Runcton

## SHOP OPEN DAYLIGHT HOURS



Camping and BBQ accessories, charcoal, Calor gas, groceries, frozen food, ice creams, cold drinks, confectionary and savoury snacks, milk & bread, papers to order.

**K V T** BusinessCare

For all your business needs

ACCOUNTS - PAYROLL - ADMIN

...and much more!

Unit 1 Chapelton Lodge  
East Winch Road  
Blackborough End  
Kings Lynn  
PE32 1SF  
Tel: 01553 849849

Email: [info@kvtbc.co.uk](mailto:info@kvtbc.co.uk) website: [www.kvtbusinesscare.co.uk](http://www.kvtbusinesscare.co.uk)

The complete printing solution  
**clanpress**  
[www.clanpress.co.uk](http://www.clanpress.co.uk)

- Digital Asset Management
- Web to Print
- Bespoke Online Ordering
- Long Run Litho Printing
- Short Run Digital Printing
- Large Format Poster Printing
- Roller Banners and X banners
- Outdoor & Indoor Signage
- Exhibition Displays
- Flyers and Postcards
- Brochures, Leaflets and Folders
- Business Stationery
- Parish Newsletters
- In-house Binding & Finishing

Visit our  
NEW website

t: 01553 772737

e: [info@clanpress.co.uk](mailto:info@clanpress.co.uk)

w: [www.clanpress.co.uk](http://www.clanpress.co.uk)

1 Dundee Court Hamburg Way  
King's Lynn, Norfolk PE30 2ND

## LAURA ROYTHORNE MOBILE HAIRDRESSER



Expert hair styling for Ladies,  
Men and Children

Fully qualified and insured



Call now to book: **07557 911080**  
or E-mail: [deadmanlaura@yahoo.co.uk](mailto:deadmanlaura@yahoo.co.uk)



**FIX UP MY APPLIANCE**

## DOMESTIC APPLIANCE REPAIRS

### SAME DAY/NEXT DAY REPAIRS

for Washing Machines, Dishwashers,  
Tumble Dryers, Cookers/Hobs

20 years experience in the trade and every  
repair carries a 12 month guarantee. About  
90% of appliances are fixed on the first visit.

For a fast, reliable and affordable repair  
contact **GRAHAM**

**Tel: 01553 813050**

**Mob: 07760 782202**

E-mail: [Fixupmyappliance@btinternet.com](mailto:Fixupmyappliance@btinternet.com)

Web-site: [www.fixupmyappliance.co.uk](http://www.fixupmyappliance.co.uk)

## RAY SMITH & SON FENCING



► Fencing erected &  
repaired

► Garden Sheds  
supplied & erected to  
order

► Timber Gates  
supplied & erected



► Shed Bases & Patios constructed

► Fully insured - Licensed waste  
carriers

**Free quotes**

All waste recycled

**Tel: 01553 840424**



## EAST WINCH NEWS

### Strawberry Fair at East Winch - Advance Warning

We are repeating last year's fair, which had a lovely atmosphere. The strawberries were wonderful!

Date: **Saturday 27th June from 2 - 4pm**

Place: Village Hall. Stalls will cost £5.

To book, please contact Nell Steele 840814.

### East Winch Church open on Saturdays

Just a reminder that in British Summer Time the church is open every Saturday from 10-4.

### Speedwatch training

Training will take place on **Saturday 25th April** at the church, starting at 9.30. It should take about one and a half hours. Please be punctual, and please be aware that there is no toilet.

### Please help

An East Winch family whose beloved mother died last year is distressed that a new glass vase has disappeared from her grave. They would be grateful if it could be put back.

## NORTH RUNCTON ART GROUP



If you are looking for a relaxing and enjoyable afternoon come and join our friendly and sociable group. Our members are all of mixed artistic abilities and creative in their own way using a variety of mediums and always willing to offer advice and help if needed.

Sounds like what you have been looking for? So why not give us a try and have a free taster session.

The Village Meeting Place  
The Green, North Runcton Village, PE33 0RB  
Wednesdays 1.30 – 4.30pm or  
Thursdays 2.00 – 4.00pm  
Membership £20 paid quarterly in advance  
For more information please contact  
Lyn (Organiser) 07872 464004 or  
Janet 01553 841514.

## FREE OPEN DAY: *PUSH THE BOAT OUT!*

If you are 8 or 80, or anything in between, everyone is welcome as Snettisham Beach Sailing Club throws open its doors for its "Push The Boat Out" Open Day on **Saturday 16th May 2020 from 10.00 am to 4.00 pm**, as part of the Royal Yachting Association national initiative to promote sailing and discover more Champions. Everyone is welcome to come along and try sailing – all for free! There will be free sailing taster sessions on the lake from 10.00. and an opportunity to try sailing on the sea in the afternoon.

Food and drink available all day from the bar. Save 10% off any R.Y.A. courses booked on the day

There is no need to book in advance just come along on the day! Just bring footwear you don't mind getting wet, a windproof top, a change of clothes, and a towel.

No experience is necessary and would-be sailors of all ages from 8 years upwards are welcome. Children, you must be accompanied by an adult but your adult doesn't have to go sailing. Come and chat with our members and find out how you can get into sailing.



Photo: Mark Foley

For full details see [www.snetbeach.co.uk](http://www.snetbeach.co.uk)

## Alpha Course

The benefice will be running an Alpha Course in May and June. It's a great way for teens and adults to learn more about Christianity, and is suitable for anyone who is interested in the faith, whether they're regular church attenders, people who are thinking of going, or people who'd just like to make up their own minds.

The 6 meetings are going to take place at North Runcton Village Meeting Place on Wednesdays at 6.30, starting on 6th May. After a meal, we watch a video and then break into groups to discuss the topics raised by the film. The experience of most people is that it's relaxed, friendly and stimulating. There is no charge, though of course donations wouldn't be refused!

Dates are: 6th, 13th and 20th May and 3rd, 17th and 24th June. At the end of the course, there's a Holy Spirit day: the date is not yet fixed, but may be Saturday 4th July.

If you're interested, but can't make all the dates, don't worry: just come when you can.

Please tell Revd. Riaz (841519), Revd. Heather Berry (764098), or Nell (840145) if you are thinking of coming. Anyone who has registered will be contacted if plans need to be changed because of coronavirus.

## MIDDLETON CHURCH NEWS

The Vicar, PCC and members of the congregation were very pleased with the response we had to our appeal for donations towards repairs to the church clock. Several people responded with giving to the cause and we are very grateful. Our thanks also to the Parish Council for agreeing to meet the cost of the repairs to the clock and to those who were happy for us to keep their donations to be used in other ways. Thank you all very much.

Our PCC now consists of only five members. Two are both elderly and infirm, one is likely to move in the near future and sadly our very efficient treasurer is moving away in a matter of months. So you see St. Mary's Church is in dire straits. In addition to that, we have no Churchwardens.

We have our annual PCC meeting on **16th April at Church Farm at 7pm**. Please come along as we would really appreciate your support at that meeting. We need 2 Churchwardens, a Treasurer, a Secretary and a Fabric Officer. The Vicar assures me that you do not have to be a church goer to fill these roles. If anyone is interested in taking on any of these positions, or would like more information, please get in touch with either **Edward Boon on 840320 or me on 840716**. We hope we will have as good a response as we did for the clock appeal! In hopeful anticipation.

Joan Van Dyke

## STEWART IS READY FOR LONDON

I was looking forward to the London Marathon on 26th April, but it has just been announced that because of the current health threat from coronavirus the event has been postponed to 4th October.

All the training runs around the village and much further afield, such as running from Sedgeford to home at Blackborough End, would have brought me to the required level of fitness for 24 April, but I will now have re-schedule my training programme to ensure that I am ready to go on the new date in October!

The reason for putting myself through all this at the age of 72 is to raise money for Kidney Research UK. You probably know I donated a kidney to our son Joel in 1999 and our other son Oliver had a transplant in 2002.

I am truly grateful to those of you who have kindly supported me with my fundraising. If any more of you wish to sponsor me please contact me on 01553 841267 or email [stewart.ali@btinternet.com](mailto:stewart.ali@btinternet.com) or go to <http://uk.virginmoneygiving.com/StewartSouth>

Thank you, *Stewart South*



# tfs

FUNERAL SERVICES

## THORNALLEY FUNERAL SERVICES

INDEPENDENT FAMILY FUNERAL DIRECTORS

24 Hour Caring Personal Service

• *Pre-Paid Funeral Plans* • *Private Chapels of Rest* • *Memorials*

Austin Street, **King's Lynn**, Norfolk PE30 1QH

**01553 771399**

[www.tfs.co.uk](http://www.tfs.co.uk)



OWNED &  
MANAGED BY THE  
THORNALLEY FAMILY



FOR ALL  
YOUR  
AGGREGATE  
NEEDS

- FROM 1 TO 20 TONNE LOAD
- BAGGED OR LOOSE
- BUILDING SAND
- TOPSOIL
- CARSTONE
- GRAVEL
- RECYCLED AGGREGATES
- GRAB HIRE AVAILABLE



PHONE: 840288

7am - 4pm Monday to Friday

8am - 11am Saturday

Evenings: 841048

Web-site: [www.william-george.com](http://www.william-george.com)

EMAIL: [williamgeorge.sg.ltd@outlook.com](mailto:williamgeorge.sg.ltd@outlook.com)

### THE VILLAGE MEETING PLACE

North Runcton, PE33 ORB

£7.50 per Hour

Newly Refurbished Kitchen and Heating System  
Overhead Projector for use and Disabled Access

\*Ideal for parties \*Fundraising events

\*Evening clubs/classes

Contact Rachel Curtis, Tel: 01553 673043  
Email: [northrunctonparishclerk@outlook.com](mailto:northrunctonparishclerk@outlook.com)

### MATT KING LIMITED Oil Boiler Servicing - Breakdowns

Tel: 01553 840177

Mob: 07775 911008

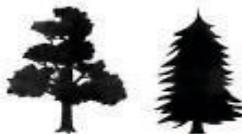
[www.mkingboilers.co.uk](http://www.mkingboilers.co.uk)

[mking896@gmail.com](mailto:mking896@gmail.com)



### TIM'S TREE SERVICES

Pruning  
Topping  
Felling  
Clearing



All aspects of Tree work undertaken  
Hedges Removed - Stump Grinding

Over 30 years experience  
Qualified - Insured

Call 01553 813140 or 07867 764307

For your Free Quote

LOCAL MAN - LOCAL RATES



### WORZELS ROOFING

ROOF TILER/SLATER

01760 755024 & 07990 972381

**FREE ESTIMATES**

- ▶ Strip & re-tile repairs
- ▶ Leadwork
- ▶ Fascias and Guttering
- ▶ Chimney re-build/re-point
- ▶ Over 20 years experience

## Village Sports

It's time to start thing about this year's games! We need local families and individuals who would like to join in this year's games. It's completely free to take part, you'll be representing GLEAM (Gayton, Leziate, East Winch, Ashwicken, Middleton) and it's great fun!

Events this year are:

Sunday, 26 April : Archery

Friday, 22 May: Rounders

Friday, 3 July: Tennis

Friday, 11 September: Tag Rugby

Sunday, 11 October: Table Tennis & Badminton

Please let me know if you'd like to take part.

Sarah Byatt, Village Sports Co-ordinator  
[villagegames@hotmail.co.uk](mailto:villagegames@hotmail.co.uk)

TEL: 07913 439222

### **NORTH RUNCTON OPEN GARDENS EVENT CANCELLED**

North Runcton PCC were hoping that ten gardens would be open in the parish in July this year to allow the horticulturists in the area to also enjoy their splendour.

At least ten gardens were deemed necessary to make the event worthwhile. Unfortunately, only five gardens have definitely been offered, so it is with great regret the Open Gardens Event planned for July 2020 will not go ahead.

With our sincere apologies to those who offered their gardens.

Ken Matthews  
Churchwarden, All Saints' North Runcton

### **NORTH RUNCTON PARISH COUNCIL MINUTES**

Copies of the minutes from North Runcton Parish Council meetings are available on the website:

[www.northrunctonpc.norfolkparishes.gov.uk](http://www.northrunctonpc.norfolkparishes.gov.uk).

However, if you would like a paper copy sent in the post then please contact Rachel Curtis – Clerk to North Runcton Parish Council  
Tel: 01553 673043.

## Rewilding Project Walkabout

Following the well-attended meeting in December 2019, the Westacre Estate now extend an invitation for anyone to attend a walkabout around the Nar Valley Wilderness area. This is to further demonstrate the scale, vision and need for the project for residents and local businesses, and anybody who would like to learn more. A further opportunity to see first-hand the impact on the landscape, environment and rights of access.

The walk is scheduled for **Saturday 25th April, starting at 10am** from Abbey Farm, River Road, West Acre, PE32 1UA. If you'd like to be part of the walk please contact the Estate Office to reserve a place as numbers are limited.

Thank you.  
Westacre Estate  
Tel: 01760 755254  
Email: [info@westacre-estate.co.uk](mailto:info@westacre-estate.co.uk)

## **The Grimston Creative Arts Exhibition 2020**

The annual exhibition is now in its fourth year and is a great platform for local artists, amateur and professional alike to showcase their art. All the artists are from a 50 mile radius to Norfolk Creative Arts. 100 pieces of work are accepted and range from drawing, painting, original photography and print to sculpture. Each piece is available to buy so it's a great opportunity to purchase an original piece and support a local artist at the same time.

If you are interested in applying to exhibit please email [hans@norfolkcreativearts.co.uk](mailto:hans@norfolkcreativearts.co.uk) to receive an application form and the closing deadline is the 31st March. Each artist can submit 3 pieces.

**When:** 10am till 4pm daily from the **28th April to the 4th May**

**Where:** Norfolk Creative Arts, Church hill school, 71 Gayton Road, Grimston, Norfolk PE32 1BG (Next to St Botolph's Church).  
Cafe on site and free parking in the former playground.

Over 25 years  
full time  
experience

Susan Thompson  
***Hairdressing***



Mobile Hairdresser  
Ladies, Gents and Children's Styling.

Half Pint Manor, Fairgreen.

Please feel free to call on : 07818 894545



Any Electrical works undertaken by our  
Friendly Family business.

Please contact us for a free no obligation Quote on

**07895 683150 or 01485 601379**

Email: [steve@swelectrical.org.uk](mailto:steve@swelectrical.org.uk)

[www.swelectrical.org.uk](http://www.swelectrical.org.uk)

## Norfolk Hearing Care



The lowest national  
prices from your  
local independent  
professional  
audiologist.

Ring: **07925 792146**

Email: [enquiries@norfolkhearingcare.com](mailto:enquiries@norfolkhearingcare.com)

Web: [www.norfolkhearingcare.co.uk](http://www.norfolkhearingcare.co.uk)

Mark Brindle 17 Graham Drive, Fair Green, Middleton. PE32 1RL

## RAY SMITH & SON LANDSCAPES

Family run business



- ◆ All types of Fencing erected ◆ Suppliers of hard & softwood logs ◆ Mole trapping service
- ◆ Complete lawncare service ◆ Tree work - Stump grinding service up to 12 inches
- ◆ Patios ◆ Hedges cut, Reduced or Removed ◆ Garden waste removed - all waste re-cycled

Fully insured Licensed waste carrier Free quotes Friendly service

**We Specialise in all aspects of Landscape Gardening**

Tel: 01553 840424

## NORFOLK CARAVAN STORAGE

KING'S LYNN

(Easy access from A47)

Secure Caravan Storage  
Personalised Fob Entry  
Phone 01553 841212  
Mr. & Mrs Nash  
For more information



## Tae Kwon-Do

Suitable for Men, Women & Children

Schools In:  
Kings Lynn  
Downham Mkt  
Swaffham  
Long Sutton  
Wisbech

Come down and try the most  
popular Martial Art in the  
World.....

FIRST SESSION FREE

[www.mftkd.co.uk](http://www.mftkd.co.uk)

Tel: 07771 644460 @mftkd



and 10 other venues  
across East Anglia.



**Richard Brown**

T: 01553 774775 / 01760 338405

M: 07795 524301 (24Hr)

E: [info@rkb247.co.uk](mailto:info@rkb247.co.uk)

[www.rkb247.co.uk](http://www.rkb247.co.uk)

**A great finish starts with RKB,  
your local tradesman...**

Locksmiths / Plastic UPVC Window & Door Repairs

Garage Door Repairs & Glazing

Carpentry & Joinery

Kitchens / Bedrooms / Bathrooms

Extensions / Conversions / Renovation

Fibreglass Flat Roofing

**24/7**  
LOCKSMITHS

**Leziate,  
Ashwicken  
& Bawsey  
Women's  
Institute**



We meet every 3rd Tuesday of the month from **2pm - 4pm at Leziate Village Hall** and welcome guests and new members.

At our meetings we have guest speakers who inform and entertain us on a variety of interesting topics. We also have social activities such as games, quizzes, competitions and lunch outings.

Our President, Ann, welcomed 26 members to our February meeting, and introduced our speakers, Kay and Gill, from the charity 'Little Lifts'

We all joined together to sing 'Jerusalem' before dealing with business matters and then relaxed to listen to Kay and Gill tell us all about Little Lifts. Kay is Operations and Events executive in the Little Lifts team. She spends her time organising Little Lifts boxes and arranging fundraising events to support the charity. Gill has recently recovered from breast cancer and told us how the box of little treats made such a difference when she was feeling low during her chemotherapy treatment.

Little Lifts was formed by Oa, who was diagnosed with primary breast cancer at the age of 28. Oa had a network of friends and family who supported her along the way, lifting her down days with little treats to relieve some of the side effects of chemotherapy. Oa came up with the concept of Little Lift boxes. The boxes contain a variety of specialised treats such as bamboo toothbrushes, skin lotions, lip balms and sweets. The items help alleviate some of the side effects that women facing chemotherapy may experience. So far 850 boxes have been delivered to NHS hospitals in the region.

Refreshments were served and members perused the bring and buy table. Birthday wishes and a gift were presented to Joan, Jan and Ann. The competition for an item beginning with 'W' was won by Ann with her crafted witch,

Heather coming 2nd with a waistcoat and Ali 3rd with a wool blanket. The raffle was won by Anne and members draw prizes went to Mary B., Myrtle and Jan.

## **Future meetings**

**21st April:** Roger Jones of Norfolk Wildlife Trust.

**19th May:** Resolutions meeting and quiz

**16th June:** Paul Bryant - Artist

For further information or if you like to join our friendly and informal group for future meetings please phone Ali on 01553 841267.

## **HOLY WEEK EVENTS**

Holy Week takes place before Easter Day, and is a time when Christians reflect on the great sacrifice of Jesus, our Saviour. The events taking place are in churches, but are not standard church services.

On **Tuesday, 7th April, 6.30pm at North Runcton**, we're going to read poetry bringing us closer to Jesus and his suffering. People can write their own poems, just meditate, or use their artistic skills. Nell will put up some visual prompts too.

On **Thursday, 9th April, 6.30pm at West Winch**, Revd. Heather will lead a service of foot washing and Holy Communion, commemorating the Last Supper according to St John, when Jesus washed the feet of his disciples. Because of Coronavirus, please bring your own towel if you would like to have your feet washed. Again as a precaution, only communion wafers will be distributed, not wine.

On **Good Friday**, there will be an Easter Garden service at **11.00am at Middleton**. Later in the day, Revd. Heather will lead 'A day they call Good', a reflective service of Bible readings, meditations, hymns and silence at **2pm at North Runcton**.

The totally fun **Easter Egg Hunt** will take place - outdoors in the churchyard if possible - at **East Winch Church on Saturday, 11th April at 10.30am**. The church doesn't have a toilet, and only a cold water outdoor tap to wash hands.

## GUTTERING SERVICES NORFOLK

Guttering cleared, repaired and replaced from £35

No job too small.

Free quotes. Fully insured.

Local, friendly and reliable service.

Contact Neill:

Tel: 01485 572002

Mob: 07856 568433

E-mail: [neillmurray@ymail.com](mailto:neillmurray@ymail.com)



## OJS Electrical

Fully Qualified Pt P Registered Electrician

- ◆ New Builds ◆ Fire-Alarms ◆ Re-wires
- ◆ Fault-Finding ◆ Inspection & Testing
- ◆ Smart thermostats & heating controls

Free Quotations & Advice

For a Fast, Friendly & Quality Service Call:

Oliver South 07788 421992

Email: [OJSelectrical@btinternet.com](mailto:OJSelectrical@btinternet.com)

## AA COKER CHIMNEY SWEEP



COMPLETE BRUSH & VACUUM  
FULLY INSURED  
FRIENDLY, RELIABLE SERVICE  
KING'S LYNN & SURROUNDING  
AREA

Tel: 01553 829728

Mob: 07706 828791

## MR SNIPPERS MENS BARBERS

AIR-CON SALON - CASH OR CARD

Reduced prices for children and OAP's

2 St James St  
King's Lynn

Telephone  
01553 773732

Mon, Tues, Weds 8am - 4.30pm

Thurs, Fri 8am - 5.30pm Sat 6am - 2.30pm

Stockists of:- Uppercut, Lagoom Jam, Osis & American Crew

## CHRIS CASELEY

DOMESTIC OIL-FIRED BOILER ENGINEER

\* Commissioning \* Service \* Repairs

Work guaranteed — Competitive Prices

Tel: 01553 828148

Mobile: 07931 355595



**A F & D BOWMAN**  
**PLUMBING & HEATING**  
NORTH RUNCTON (Est. 1971)



Tel: 07776 147081 (Phil)  
07790 421585 (David)

Meeting all of your gas and oil  
plumbing, heating and servicing  
requirements.



Good Tastes

Good Tastes is a small local caterer based in West Norfolk, specialising in homemade special

occasion catering. If you're looking to make an occasion extra special, our home cooked food and attention to detail will make it stand out from the crowd; no event is too small.

- Weddings • Wakes
- Christenings • Business lunches
- Birthdays • Hen Parties/Baby Showers
- Anniversaries • Meetings

Visit our website: [www.goodtastes.co.uk](http://www.goodtastes.co.uk)

Call Heather on 07900 181161

or 01553 840655

Email: [heather@goodtastes.co.uk](mailto:heather@goodtastes.co.uk)



Thorpe  
Arb & Forestry



- Felling • Dismantling • Reduction & Thinning
- Hedge Trimming • Stump Grinding • Planting • Fully Insured

Please contact us for a no-obligation quote

07432 660 659

[enquiries@thorpearbandforestry.co.uk](mailto:enquiries@thorpearbandforestry.co.uk)

[www.thorpearbandforestry.co.uk](http://www.thorpearbandforestry.co.uk)

## CARPET BOWLS

Sociable, fun & sporting.

Meetings on Tuesdays at 7.00pm in Middleton Village Hall.

New members very welcome. Two free trial sessions for new members.

Come along and try a game!



**Enquiries:  
01553 840471**



Our **Tums to Tots** group meets in East Winch Village Hall as part of the National Childbirth Trust, **10am to noon every Friday.**

Open to all parents, parents-to-be, babies and toddlers. Call **07799 821491** for more information.

## Community Car Scheme

The Community Car Scheme is to help villagers who have no transport, who are elderly or disabled to attend at local doctors' or dentists' surgeries, opticians, health clinics or to keep hospital appointments.

A small charge is made to cover petrol expenses. If you require help or further information, or if you wish to volunteer help in any way, please contact Colin Skipper on 842448.

## KING'S LYNN WOODTURNERS CLUB

The club meets in Middleton Village Hall on the **second Wednesday of each month at 7:30pm.** The club welcomes new members and if you would like further information please call them on 01553 841294.

**Lunch Club** usually meets on the 2nd Monday of the month at Middleton Hall Golf Club at 12.00 for 12.30pm.

For further details contact Olive Turpin 840623.



## Needleworkers Circle

Fancy joining a sewing/knitting/craft circle? We are a very friendly & sociable group who would love for you to join us.

**Where:** Leziate Village Hall

**When:** Tuesday, 14 April

10am - 1pm and then every fortnight until mid-July.

**Cost:** £2

Please bring your own refreshments. Kitchen facilities are available. Toilets & free car-park. For more information please contact Joyce 01553 673949 or Jan 01553 841514.

## Middleton Badminton Club

Play badminton most Monday evenings (not Bank Holidays) at the Village Hall from 7pm to 9pm. The club is friendly and always welcomes new members.



Contact James Williamson (01485 600946) for more information.



## MIDDLETON & DISTRICT ROYAL BRITISH LEGION

Because of the current health situation arising from the spread of coronavirus, the Middleton & District Branch has cancelled all meetings and Social Events until further notice.

## West Norfolk & King's Lynn Girls' - Schools' Trust



Do you wish to undertake an educational activity but lack the money to do it? We may be able to help you.

This educational Trust was set up in 1983 to administer the funds and assets of the West Norfolk and King's Lynn High School for Girls 1887-1979.

The aim of the trust is to help girls and young women, over the age of 11, further their education and training. Financial assistance can be awarded for a range of purposes.

These may include:-

- professional and vocational training
- an educational activity
- study at home or abroad
- training in music, sport or the creative arts
- the provision of essential books or equipment
- course fees

Applicants can apply to the trust if you live, or have parents living, in Middleton, North Runcton and East Winch. Contact us to help you achieve your potential!

[www.wnkgirlsschoolstrust.org.uk](http://www.wnkgirlsschoolstrust.org.uk)

email: [office@wnkgirlschoolstrust.org.uk](mailto:office@wnkgirlschoolstrust.org.uk)

**[www.norfolkwoodburners.co.uk](http://www.norfolkwoodburners.co.uk)**



Norfolk Woodburners offer the best local service for the supply and installation of:

- Wood Burners & Multi-Fuel Stoves
- Main agents for Aga, Hunter & Cleanburn Stoves
- Chimneys Lined
- No Chimney, No Problem
- Fireplaces Enlarged



**t: 01328 700161 m: 07966 661175**

**e: [norfolkwoodburners@outlook.com](mailto:norfolkwoodburners@outlook.com)**

**Your Own Local**

## Dry Carpet Cleaning

- Totally safe for children and pets, gentle to carpets
- Environmentally friendly and no soggy carpets
- Leaves carpets fresh, fragrant and dry!

**FRIENDLY, RELIABLE LOCALLY BASED LADY**

**Tina: 07877 612169 or 01553 630336**

Facebook: Your Own Local Dry Carpet Cleaning



**SMITH & WILLIAMSON**

Over 35 years combined experience  
WINDOW DOORS FASCIA GUTTERING  
BUILDING WORK UNDERTAKEN  
01553 841175 / 840767  
07799 620883 / 07810 867244



75, Hall Lane, West Winch PE33 0PJ



**GEOFFREY GRIEF**

**PAINTER & DECORATOR**

Interior and Exterior Painting and Decorating  
**5 Bure Close, Watlington, PE33 0TN**  
Tel: **01553 810668**

# By 2020 up to 1,000 elderly people a day will be admitted to hospital because of a fall\*.

**We are here to help.**



**Careline alarm**



**Buddy Button**



**Handyperson service**



**KeySafe**

To find out more, call us on 01553 616200  
or visit [careline-cs.org.uk](http://careline-cs.org.uk) and [careandrepair-wn.org](http://careandrepair-wn.org)







\*According to figures from [armedprevention.co.uk](http://armedprevention.co.uk) 1170-158-BW

# Church Services in April & May

## Sunday, 5 April - Palm Sunday

10.00am **W Winch** Benefice Eucharist

## Thursday, 9 April - Maundy Thursday

6.00pm **W Winch** Eucharist & Feet Washing

## Friday, 10 April - Good Friday

2.00pm **N Runcton** Final Hour

## Sunday, 12 April - Easter Day

9.30am **W Winch** Holy Communion

10.00am **E Winch Village Hall** Holy Communion

11.15am **Middleton** Holy Communion

3.00pm **N Runcton** Holy Communion

## Sunday, 19 April

9.30am **W Winch** Holy Communion

11.15am **E Winch** Holy Communion

11.15am **Middleton** Morning Prayer

3.00pm **N Runcton** Evening Prayer

## Sunday, 26 April

8.00am **W Winch** Holy Communion

10.00am **W Winch** Morning Prayer

10.00am **E Winch Village Hall** Morning Prayer

11.15am **Middleton** Holy Communion

3.00pm **N Runcton** Evening Prayer

## Sunday, 3 May

10.00am **N Runcton** Benefice Eucharist

## Sunday, 10 May

9.30am **W Winch** Holy Communion

10.00am **E Winch Village Hall** Morning Prayer

11.15am **Middleton** Morning Prayer

3.00pm **N Runcton** Evening Prayer

## Sunday, 17 May

10.00am **Middleton** Benefice Eucharist

## Sunday, 24 May

8.00am **W Winch** Holy Communion

10.00am **W Winch** Morning Prayer

11.15am **E Winch** Holy Communion

11.15am **Middleton** Holy Communion

3.00pm **N Runcton** Evening Prayer

## Sunday, 31 May

9.00am **W Winch** Holy Communion

10.00am **E Winch** Holy Communion

11.15am **Middleton** Morning Prayer

3.00pm **N Runcton** Holy Communion

Morning Worship is held each Wednesday morning at 9.30 am at Church Farm. All are welcome to join us to pray for the needs of the village and then enjoy a cup of coffee.

## Mobile Library Timetable

The Mobile Library timetable for our area is once a month on **WEDNESDAYS** as follows:

**15 APRIL & 13 MAY**

### North Runcton

The Green 10:05 - 10:20

### Blackborough End

The Firs 10:30 - 10:45

Blackborough Green 10:50 - 11:00

### Middleton

Oakdale/Village Hall 11:05 - 11:30

St Mary's Crescent 11:35 - 11.45

42 Hall Orchards 11:50 - 12:00

### Fair Green

Park Hill Estate 12:05 - 12:20

Graham Drive 12:25 - 12:40

Paul Drive 12:45 - 13:00

### East Winch

Gayton Rd - Opp Windyridge 15:15 - 15:25

Town Close 15:30 - 15:50

Village Sign 15:55 - 16:05



## Mothers' Union News

Our meetings are held at Church Farm Barn at **2.30pm on the 3rd Tuesday** of each month.

We enjoy a short service, tea and biscuits and an informal time together in very pleasant surroundings. We also have a speaker at each meeting, but the details of those for April & May are yet to be confirmed.

*Hilary Hickman*

## Sunday Afternoon Long Green Indoor Bowls Group

Please join us for some fun and exercise playing Long Green Indoor Bowls on **Sunday afternoons 2:30 – 4:30pm** at Lynnsport. It costs just £3.60 for a two hour session.

**NEW BOWLERS WELCOME**, we have all the equipment. Any questions please call Valerie or Brian 01553 764897.

# PARISH CONTACTS

## CHURCHES:

**Priest-in-Charge:** Rev Riaz Mubarak 01553 841519 E-mail: rev.riaz.mubarak@gmail.com

### Middleton St Mary's

**Churchwarden:** Vacant

**PCC Secretary:** Vacant **Treasurer:** Mrs Christine Minister 840559

### North Runcton All Saints

**Churchwarden:** Mary Angelina 841519 and Mr K Matthews 842265

**PCC Secretary:** Mrs Ann Matthews 842265 **Treasurer:** Mrs Maggie Challis 842540

### East Winch All Saints

**Churchwardens:** Mr S Dale 630167 and Mrs W Smith

**PCC Secretary:** Mrs J Weavers 840510 **Treasurer:** Mrs W Smith 842281

## PARISH COUNCILS:

### Middleton ([www.middleton-news.co.uk](http://www.middleton-news.co.uk))

**Clerk:** Elaine Oliver Tel: 630655 E-mail: middletonparishcouncil14@gmail.com

**Councillors:** **Chair:** Mick Porter 841427; **Vice Chair:** Val Ward;

Mrs M Applegate; Mrs E Barclay; Mr C Samuels; Mr R Smith; Mr J Tolley; Mr M Wiles; Mr Z Wiles Van Dyke.

The Council meets on the first Wednesday of the month (except August) in the Village Hall at 7pm.

### North Runcton (<http://northrunctonpc.norfolkparishes.gov.uk>)

**Clerk:** Rachel Curtis Tel: 673043 E-mail: northrunctonparishclerk@outlook.com

**Councillors:** **Chair:** Mr R Morrish Tel: 840284; **Vice Chair:** Miss K Fuller;

Mrs L Davies; Mr J Fuller; Mrs L Gunn; Mr B Houchen; Mr K Longhurst; Mr L Stevens; Mr P Yallop.

The Council meets on the second Tuesday of each month (except August) at 7.45 pm at the Village Meeting Place.

### East Winch ([www.eastwinchandwestbilney.co.uk/parish-council](http://www.eastwinchandwestbilney.co.uk/parish-council))

**Clerk:** Bob Pannell Tel: 775724 E-mail: bob.pannell1@btopenworld.com

**Councillors:** **Chair:** Mrs N Steele; Mr M Place; Mr N Velzeboer; Mr A Yarham

The Council meets every other month, normally on the first Monday of the month, at 7.30 pm in the Village Hall.

**Borough Councillors:** West Winch Ward: Simon Nash (01553 811200) & Peter Gidney (07885 258450). Gayton & Grimston Ward: Michael de Whalley (07770 273903) & Colin Manning (07885 258392)

## Other Contacts:

Badminton Club	James Williamson	01485 600946
British Legion	Gerry Tann	01553 674953
Car Scheme	Colin Skipper	01553 842448
Carpet Bowls Club	Peter Wall	01553 840471
East Winch Village Hall	Amanda Hart	01553 841236
Lunch Club	Olive Turpin	01553 840623
Middleton Village Hall	Mrs P Petch	01553 842149
Mothers' Union	Gillian Boon	01553 840320
N Runcton Village Meeting Place	Rachel Curtis	01553 673043

**Editor:** Chris Hudson; E-mail: editorofparishnews@gmail.com or call 01553 849725.

**Advertising Manager:** David Gager; E-mail: parishnewsadverts@gmail.com or call 01553 278402.

Views expressed in the magazine are not necessarily those of the Editor. **The deadline for the next issue (June/July) is Friday, 15 May.**